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Puzzles & Trivia P14



Naughtons Hotel throws a birthday bash celebrating 150 years

Parkville's iconic Naughtons Hotel has hosted a grand party in celebration of its remarkable 150-year history.

WORDS BY *Brendan Rees*
PHOTOGRAPHY BY *Ajay Viswanath*
COMMUNITY

The October 16 event saw 250 people come together for the milestone occasion, with distinguished guests including Victorian Governor Margaret Gardner and City of Melbourne Lord Mayor Sally Capp.

With the pub on Royal Parade serving as a cornerstone of the community since 1873, the party, which was held in conjunction with the residents' group the Parkville Association, was an unforgettable night filled with nostalgia, excitement and, of course, everyone raising a toast to the much-loved venue.

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“Nowhere to hide”: CCTV cameras come to Lygon St

“
New CCTV cameras will be installed along Lygon St as the City of Melbourne expands its safe city camera program.

”

WORDS BY *Brendan Rees*
SAFETY & SECURITY

The initiative was approved after the state government agreed to a 50-50 funding split with the council to roll out the new cameras at a cost of \$520,000.

The cameras will be installed between Victoria St and Elgin St, as well as at Argyle Square, while ensuring individuals' privacy rights are protected.

Deputy Lord Mayor Nicholas Reece said the measure would aim to improve safety.

“We have zero tolerance for bad behaviour and criminal activity in the City of Melbourne,” he said.

“With these new cameras our message is clear: if you are up to no good then you have nowhere to hide and you will be caught.”

Cr Reece said in a recent case, CCTV cameras had captured images of a group of young offenders walking through the city after they had defaced and damaged property.

“Using the safe city camera network and working with Victoria Police we were able to catch the perpetrators before they had even left the city,” he said.

Carlton Inc. Traders' Association president Sergio Alderuccio, whose organisation has long advocated to have CCTV cameras installed in the area, said the announcement would contribute to a safer environment and maintain the reputation of Lygon St as a popular destination.

“It will certainly help Victoria Police by giving them the footage to help find perpetrators

and detect offences as well as give confidence to traders,” he said.

“Together with a visual police presence, which has increased, CCTV cameras will have an impact.”

The Carlton Residents Association (CRA) welcomed the measure, saying there was “continued concern” regarding hooning in the area, especially in Lygon St.

“The hope is that these cameras might be of some assistance in this ongoing battle,” the CRA said.

The group also understood that the positioning of the cameras was yet to be finalised and an

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Six-storey building approved for East Melbourne despite opposition

The City of Melbourne has given the green light to a highly contentious \$15 million six-storey office building proposed for East Melbourne despite strong community opposition.

WORDS BY *Brendan Rees*
PLANNING

The decision to allow development at 204-208 Albert St, which is surrounded by significant heritage buildings and adjacent to the Fitzroy Gardens, comes after the initial plans for a nine-storey building were rejected by the council and the Victorian Civil and Administrative Tribunal (VCAT) in July 2021, which cited the proposal's lack of suitability for the Albert St landscape.

But the plans now have the council's blessing after the developer, Whitehaven Property Development Pty Ltd, resubmitted a revised application, which included lowering the height of the building to seven storeys (which was later amended to six storeys), removing a cantilever over heritage terraces and, according to council, addressing the tribunal's findings.

The proposed development received 107 objections following strong opposition from residents and the East Melbourne Group (EMG), which argued the revised application failed to align with the character of the area and would block the sunlight to neighbouring homes.

Concerns raised included a failure to respond to the previous VCAT decision, amenity impacts including overshadowing, potential traffic increase, overdevelopment of the site, and the development being too high and out of character for the area, as well as insufficient setbacks.

"We have lived and breathed this application and iterations for the past five years, including the unacceptable initial planning application for the site that cost us financially and emotionally," the president of the EMG Greg Bisinella told councillors at their October 24 Future Melbourne Committee meeting, during which the plans were unanimously endorsed.

"The application before you should be amended and conditioned, so it unequivocally meets the parameters set down in the planning scheme and its associated design and develop and heritage overlay, and the decision guidelines articulated in the VCAT decision."

Under the plan, the proposal seeks to retain the three adjoining heritage terraces on Albert St and demolish a non-heritage two-storey rear addition, with the proposed development to be built in its place.

Deputy Lord Mayor and the council's planning chair Nicholas Reece said he agreed with residents that East Melbourne was "a suburb that is unmatched in terms of its heritage, residential homes, and character" and



acknowledged "that not everyone will be happy with this result".

But he said councillors were ultimately "here to apply what we think is the how the planning controls and conditions apply" as well as considering the repeat appeals principle, which addresses the primary reasons of what VCAT found acceptable and unacceptable in the original application.

Contour Consultants director Patrick Brennan, who represented Whitehaven, also addressed the council meeting, saying the "proposal has been very carefully sort of set out to respond to the key recommendations and key findings in that VCAT decision".

He also noted the site was within a commercial one zone with the purpose of creating a "vibrant, mixed use commercial centre for office, business and a range of other uses".

"It [the proposed building] won't have any adverse impact on Fitzroy Gardens in terms of visual impacts or overshadowing impacts ... it's our submission that the proposal has struck that appropriate balance between strong strategic attributes of the site along with the heritage and built form considerations."

However, Clarendon St resident Neil Faulkner disagreed, saying the proposed building would overlook his terrace home.

"We fully appreciate that the owner has every right to develop the site despite the obvious inconvenience to us during any future building phase," he said, but added the current proposal was "too high and too bulky".

"I'm also surprised and somewhat concerned that someone is still wishing to build an office block in my backyard when the current Melbourne office vacancy rate is at its highest rate since 1996 at 15 per cent."

Also addressing the meeting was the ACVP Residents Incorporated president Brad Marsh, whose group promotes the interests and protects the amenity of the owners and residents who live in the vicinity of Albert, Clarendon, Victoria, and Powlett streets in East Melbourne.

He said the consideration of the amended application "has been rushed ... and does not properly apply the decision by VCAT" and implored councillors to make "a good planning decision".

Mr Marsh, among others, also believed the 22-degree height angle from the south side of Albert St was "not an appropriate outcome" but a council report found "it has been accepted through previous VCAT decisions that this is not a mandatory control and non-compliance does not automatically lead to refusal of the application".



Council launches community engagement for renewal of Royal Park

WORDS BY *Georgie Atkins*
COUNCIL AFFAIRS

The City of Melbourne is inviting the community to have its say on the Royal Park Master Plan as it enters the first stage of engagement, with the two-year process beginning in November.

The council is collaborating with various stakeholders such as Melbourne Zoo and Melbourne Sports Centre Parkville to review future priorities, actions and management of Royal Park over the next 20 years.

"The last Master Plans for Royal Park were endorsed in 1984 and 1997 and they have served the city well," the City of Melbourne's environment portfolio lead, Cr Rohan Leppert said.

"We now have a once-in-a-generation opportunity to consider everything that Melburnians love about Royal Park so that the legacy of this extraordinary place continues."

The initial engagement stage will begin with a discussion paper shared via Participate Melbourne, seeking feedback on high level ideas that will inform the draft of the plan.

The City of Melbourne will also run in-person, pop-up community events between November 15 to December 2 for local residents to voice their recommendations and any potential concerns they may have.

Residents will additionally be able to respond to the draft Master Plan in an online survey and through mapping activities once the draft is completed.

"We want to think deeply about what ongoing custodianship of the park by Traditional Owners, the council and community means, so please get involved and help shape the next Royal Park Master Plan," Cr Leppert said.

The first stage of the review will include an assessment of various specialist areas to effectively understand the need for improvement in sectors such as transport and parking, heritage conservation management, ecological studies, and sport and recreation.

The draft of the Master Plan will be available in early 2024 for an additional period of community consultation. ●

For more information:
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Carlton restaurant proves cooking with love is a timeless recipe

LYGON LOCAL

“

In an area dominated by Italian cuisine, Abla's Lebanese restaurant has stood the test of time for nearly 50 years as one of Carlton's most iconic hospitality institutions.

”

WORDS BY *Georgie Atkins*
BUSINESS



Despite being born in Lebanon, Abla Amad didn't start properly cooking Lebanese cuisine until she arrived in Australia in 1954 at just 19 years old.

Under the guidance of her uncle Joe as a food mentor, Mrs Amad began hosting meals at her home in Carlton, "inviting as many people as could fit at the dining table."

The opening of Abla's in 1979 came "at the urging of her family and friends", and has since remained an unchanged and reliable source of comfort among the Carlton community.

"It is still a simple and humble place, but also very popular," Mrs Amad said.

While still a family-run business, Abla's has earned its place among some of Melbourne's best hospitality offerings, inducted into *The Age Good Food Guide's* Vintage Hall of Fame, and was also recognised with a *Good Food Guide Legend Award* in 2022.

"Most of our dishes are so traditional and unchanged that you can't even get them in

restaurants in Lebanon, dishes like Mjadra (lentils and rice) that are common peasant dishes made in the village," Mrs Amad's granddaughter and manager of Abla's, Abbey Khoury said.

"You can taste the love in the food, cooked by Lebanese women who command the kitchen in their own families."

The batata harra (fried potatoes with garlic) and chicken and rice are some of the restaurant's most popular dishes, following recipes that have been "passed down through generations."

A testament to the authenticity and love that has been put into the business over the past few decades, the Carlton community has embraced Abla's with open arms.

"It has become a place of nostalgia for a lot of people," Ms Khoury told *Inner City News*.

Abla's regularly hosts functions and private events, with Carlton residents often choosing to share their most special, family milestones with Mrs Amad and her own family.

"We love Carlton, it has always been Abla's

home, welcoming her from Lebanon – it represents an era of Melbourne that is timeless, homely and comforting."

To have opened a successful, Lebanese restaurant in the heart of Melbourne's Little Italy is no easy feat, let alone for it to have endured with such charm.

Picture frames hanging from the wall and white tablecloths are reminiscent of home-style cooking, transporting homesick Lebanese-Melburnians back to their own dining rooms.

Above all, Abla's is a place for friends and family to gather, eat delicious food, and be a part of a community.

"Anything you do with love, you can never do wrong," Mrs Amad often quotes, encapsulating the passion and simplicity that Abla's has effortlessly held onto.

Abla's is located at 109 Elgin St and is open Monday to Saturday from 6pm to 11pm, with takeaway available Monday to Thursday from 5pm. ●



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A LOOK AT OUR NEIGHBOURHOOD



EAST MELBOURNE CAFE GIVING BACK TO COMMUNITY

Panee Woodruff in the beautiful surrounds of KereKere Green cafe.

KereKere Green café in East Melbourne's Fitzroy Gardens provides a leafy sanctuary for locals, city workers and tourists alike. The café also operates with a community focus, giving local people small grants to host community-focussed events.

A trained pastry chef, KereKere manager Panee Woodruff started at the café one year ago after wanting to work closer to home and found an unexpected bonus.

"I saw an ad for a café manager in East Melbourne and applied," Panee said. "When I had my interview, the first thing that struck me was the beautiful location. At the time I didn't know anything about the meaning of the name but I soon learnt that Kere Kere is a Fijian word meaning 'to give without expectation'."

"Pretty quickly I began meeting the regular people who come into the café and learning their names, and the dog they own. It was a side of hospitality I had never known as I'd always been behind the scenes but it's the part I now love most," Panee said.

"Everyone who comes to the café has such different stories, from locals to tourists, and I always ask why they're in Melbourne. It's not just one demographic, we get everyone. (I love) getting to know the people who utilise the park and café and not just seeing it as thing but how it has become a personal space to people.

"For some of our regulars, this café is a big part of their daily social interaction. We are an integral part to their outing of the day."

The ultimate aim for Panee and the team at KereKere is to foster a sense of community connection. To promote this, it offers \$250 each month to host community events at KereKere. This has seen language classes, book clubs and other social meet ups held in the café, with funds going towards coffee and cake or event promotion.

"I've got lots of plans for the café. We have started hosting teddy bears' picnics on the first Saturday of each month with Fitzroy Gardens Visitor Centre. I'd like to host Thai cooking classes and teach people how to cook nutritional food on a budget, too," Panee said.

"We also grow fruit and vegies in planters outside the cafe and bag up the produce for customers to take home with them free-of-charge. The planters were a City of Melbourne initiative."

It's clear that Panee has found her calling but the path to café manager wasn't a straight-forward one.

"I studied sports science after high school and two years into the degree realised that I didn't like it. Cooking had always been a passion of mine," Panee said.

"I was adopted from Thailand and my parents wanted to keep my heritage so we ate multicultural food. We were never a meat and three veg family and we weren't encouraged to order from the kids' menu.

"I grew up watching my mum, dad and grandma cook. I always liked baking our family birthday cakes, and it was my mum who pushed me to do a Certificate 4 in patisserie at TAFE. I loved TAFE so much more than uni - it was very hands on and the teachers were great."

OUT AND ABOUT IN EAST MELBOURNE

With its beautiful parks and community-focused events, there's always so much to see and do in East Melbourne.

- Visit KereKere cafe for a teddy bears' picnic on 4 November and 2 December, from 11am-2pm. Visit Fitzroy Gardens visitor centre for your activity sheet, with lunch packs available from the cafe.
- The East Melbourne Community Christmas Picnic is on 25 November from 2-5pm at Bishopscourt. Enjoy music, face-painting, cakes, market stalls and a visit from Santa.
- Visit East Melbourne library for a community barbecue on 2 December. There'll be a performance by East Melbourne choir, stalls, games, produce and barbecue food.
- Or visit the library on Thursday mornings for meet, greet and chat with your neighbourhood partner.
- East Melbourne General Store is known for its great produce, coffee and community connection. Visit the Hotham Street store for a cuppa and chat with other locals.
- East Melbourne Neighbour Network offers health and wellbeing programs at Powlett Reserve community room including tai chi, pilates, ukele and social morning coffees on 10 November and 8 December.

Want to connect with your neighbourhood? Contact your East Melbourne neighbourhood partner, Kimberley Pierzchalski, at participate.melbourne.vic.gov.au/eastmelbourne

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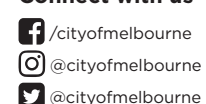
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Explore the Neighbourhood Portals and City of Melbourne neighbourhood priorities at participate.melbourne.vic.gov.au/neighbourhoods



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New vision for University Square unveiled with community input invited



New concept plans have been released for Carlton's University Square after the park's current redevelopment is held off due to the construction of the future Parkville Metro station.



WORDS BY *Brendan Rees*
COUNCIL AFFAIRS

The City of Melbourne has created a "refresh" master plan for the square located in the city's north precinct, which aims to create an additional 6500 square metres of green space as part of a joint project with the state government.

The square is one of Melbourne's oldest public squares and is surrounded by the University of Melbourne.

Since the original master plan was approved in 2016, the square has been revitalised with the first phase delivering a large new open space, a garden, and terrace spaces.

But stage two has yet to begin after the council paused any future works in recognition of the site's context having evolved in recent years, and it will now seek the community's input on new draft concept plans.



According to the council, the updated plan is needed to respond to "the many changes" the future underground Parkville Station will provide to the area when it is expected to open in 2025. The square has also seen the pop-up architectural installation of MPavillion in 2019, which also prompted the council to revisit the plans.

Stage two works will not begin until after

the new railway station has been built as it will make a key connection to the square.

"This is an important public space in the north part of our city, and particularly important for Parkville and Carlton residents and, of course, the student and worker population in that area and the increasing visitor population," Lord Mayor Sally Capp said at the council's October 3 Future Melbourne Committee

meeting where the concept plans were endorsed for public consultation.

"This really will become an active and public transport hub particularly, and connections from private spaces, university spaces and public spaces all come together in this precinct."

Under the plans, the new-look University Square would see a total of 250 new trees planted in 6500 square metres of open space, as well as a barbecue area, a new water feature and public art.

Barry St, adjacent to the square, would also be closed to make way for new park spaces to ensure "the extension is seamlessly integrated with the existing Square and new Metro Tunnel context".

Already completed is the narrowing of Leicester St, allowing space for paths and a dedicated bike lane.

Parkville Association president Rob Moore said he was "fully supportive" of the refresh plans "on the basis that Grattan St remains open".

"Given the amazing landscaping about to happen along Grattan St, the University Square will become an amazing place for locals to visit and relax. For students, it will be a wonderful area to meet and socialise."

The revised master plan stated Grattan St would be a "key bus corridor with new traffic function to integrate with Parkville Station".

Cr Rohan Leppert said MPavillion, which would be in place until 2032, had made a "very good and interesting addition to University Square" despite it not being part of the initial master plan, but looked forward to an "open and honest conversation with the community".

Community consultation is open until November 16. To have your say, visit:

participate.melbourne.vic.gov.au/universitysquare

"Nowhere to hide": CCTV cameras come to Lygon St

Continued from page 1.

"invitation to traders and residents to be involved in discussions would provide a valued local perspective".

"Compiling a list of CCTV cameras in the community for use by police in crime detection would seem a positive move."

Councillors unanimously approved the expansion of the safe city camera program to include Lygon St at their October 3 Future Melbourne Committee meeting.

It is the first time the CCTV network has expanded out of the central city and Docklands into suburban strips.

According to a council report, safety had been identified as a top priority by the Carlton community including the Carlton Residents' Association "with specific concerns being raised around Lygon St".

Last year, the Carlton community called for

"immediate action" on crime after concerns were raised of anti-social behaviour and violence in the area, including two stabbing incidents, which saw police respond by ramping up their patrols.

In May, the council resolved to maintain a policy of not funding capital expenditure to expand the camera program through council funds, but to seek state government funding, "with any exception to this policy to be determined by the council in open session".



Brendan Rees
JOURNALIST
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▲ Neighbourhood Policing Coordinator for Carlton Nick Parissis and Carlton Inc. president Sergio Alderuccio.



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Victorian Trades Hall awarded national heritage listing ... now, for UNESCO bid



Carlton's iconic Victorian Trades Hall has been officially placed on the Australian National Heritage List, in what has been described as a "watershed moment for the recognition of working people's history".



WORDS BY *Brendan Rees*
HERITAGE



▲ L-R: *Sonya Kilkeny, Tanya Plibersek, Nick Reece and Luke Hilakari at the announcement.*



Victorian Trades Hall Council secretary Luke Hilakari expressed his joy at the news, saying the building "symbolises progress like no other". "We are enormously proud that this building is receiving recognition for its place in Australian history and its contribution to improving workers' rights globally," he said.

"The cultural, social and economic impact this democratic institution has had on the lives of Australians cannot be overstated and is worthy of recognition."

"Victorian workers have led the world to win better working conditions. We were the first place to achieve and keep the eight-hour day, ushering in the middle class. We were the first place to elect a working person to a parliament."

The foundation stone of the present building, designed by prominent architect Joseph Reed, was laid on January 26, 1874. Trades Hall became the headquarters for Victorian unions.

The Albanese Government provided \$1.2 million to Victoria to support the progress

towards the World Heritage listing of Trades Hall. If successful, it would be the first time that the significance of workers' assembly halls across the world would be recognised.

City of Melbourne Deputy Lord Mayor Nicholas Reece said Trades Hall was one of the most historically important buildings in Australia and the council was "delighted to be supporting this world heritage bid".

"We have been a supporter of the heritage listing process for Trades Hall from the very beginning – we provided local heritage listing and then advocated for state and federal heritage listing," he said.

"In recent years we have seen bluestone footpaths rolled out around Trades Hall and the Eight Hour Park which has really enhanced this historical precinct."

Carlton Community History Group president Jeff Atkinson said Trades Hall was one of Carlton and Melbourne's most historically important sites, and that preserving its heritage was "vitaly important".

"It is Australia's oldest and largest Trades Hall and a symbol of the importance of organised labour within Australian society in the 19th and 20th centuries," he said.

"Major campaigns and struggles that have had important ramifications for Australian society, such as the Anti Conscription Campaign of 1916-17, were run from there. Activities leading to the birth of the Australian Labor Party took place there, as did the first meeting of the Australian Council of Trade Unions in May 1927."

"The heritage protection provided by its listing on the Australian Heritage Register is vitaly important for a building such as this, which is on the edge of the CBD, where there is so much commercial pressure for high-rise development." ●

Naughtons Hotel throws a birthday bash celebrating 150 years

Continued from page 1.

"We are really here tonight to recognise that places like Naughtons Hotel are very central to connection in our community," Cr Capp said in a heartfelt speech to guests, adding the Parkville Association was an organisation "that absolutely champions and advocates on important issues for this local community".

The Parkville Association's president Rob Moore, a resident since 1978, told guests it was a "very special night", noting the hotel was a cherished institution that embraced the community spirit.

"This is our local – it's a special local and without the two of you [the hotel's joint owners Ryan Moses and his wife Laura] we certainly wouldn't be anywhere, so thanks so much."

Mr Moses said the moment his team had arrived at the pub seven years ago, "we felt the warmth and support of everyone here and we truly can't do it without you".

Also addressing the crowd was Adrian Reis, the grandson of JB Naughton, who bought the



pub in 1924, with the historic building remaining under the ownership of the family until 2006, an association just shy of 100 years.

"This is a hotel really belongs to the local people who support and visit it," he said. "It belongs to the people of Parkville." ●



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▲ CNLC executive officer Tony Milne and assistant adult education coordinator Fiona Norquay. Photo: Marcela Lehočka.

Grab a bargain at Carlton's first-ever garage sale

WORDS BY *Afraa Kori*
EVENTS

The Carlton Neighbourhood Learning Centre (CNLC) will host its first garage sale where locals and visitors can grab some fantastic bargains.

The event, which will take place on November 11 from 9.30am to 2pm, will have range of second-hand items on offer including antiques and collectables, clothing and accessories, homewares, books, kids' stuff, plants, garden tools and more.

CNLC executive officer Tony Milne encouraged everyone to come along while supporting a good cause.

"We'd love to see a great turnout of people on the day. We'll also have music and a barbecue. Come and grab yourself a bargain," he said.

"It will help us raise funds so we can continue

to support some of the most disadvantaged people in the Carlton community, while also complementing our existing waste minimisation compost and recycling programs."

The event is part of the annual nation-wide Garage Sale Trail festival designed to curb landfill and provide the community with ways of reusing unwanted items.

The Garage Sale Trail's general manager Barbara Gill said her team was "super excited to be bringing this event to Carlton Neighbourhood Learning Centre."

"It's all about neighbours connecting, making some money and keeping their good stuff out of landfill, with a good dose of fun on the side," she said.

CNLC, located at 20 Princes St, Carlton North, is an integral part of the community, offering educational and community programs to people of all ages and backgrounds. ●

Police on the beat to boost community safety

WORDS BY *Brendan Rees*
SAFETY & SECURITY

Victoria Police local area commander for Melbourne West Inspector Craig Pearson says his team is fully committed to working closely with the community to ensure a safer environment for residents and traders.

"It's really important we work together to make sure the community not only looks safe but feels safe," Insp. Pearson said in his address to Carlton traders during a business network meeting on October 31 which was hosted by the Carlton business association, Carlton Inc.

Insp. Pearson said local police were focusing on building strong partnerships in the community, with officers conducting foot patrols along Lygon St and speaking to businesses to address any community concerns and "just to get a sense of what's going on".

He said a "perennial issue" was illegal e-scooter activity, but he said local police had



launched a campaign to address these concerns and "you can already see the messages and change in behaviour".

Insp. Pearson also spoke about this year's Victoria Police community sentiment survey in which "safety in public areas" and "safety of my property and possessions" were listed as the top two concerns.

He said additional resources including Highway Patrol Units, plain clothes officers from neighbourhood tasking force, and recruits undergoing training were also "being thrown in Lygon St" and the wider precinct to ensure the area remained a vibrant destination. ●

Petition calls for protected bike lane route from Kew to Carlton

An inner-city resident has launched a petition advocating for the installation of protected bike lanes spanning from Kew to Carlton that aims to address growing concerns of safety.

WORDS BY *Brendan Rees*
TRANSPORT



The change.org petition, which has attracted more than 500 signatures in its first week of being launched, is advocating for protected kerbside bike lanes from Johnston St, Kew, through to Abbotsford and Collingwood before ending at Lygon St, Carlton.

It also calls for wider footpaths for pedestrians, lowering vehicle speed limits, adding more greenery to the street landscapes, and installing more bike hoops.

Head petitioner and Fitzroy resident Harrison Watt said the proposal would significantly improve safety and reduce vehicle traffic.

"Protected bike lanes for Melbourne have been on my mind for a long time. As a former resident of Copenhagen, Denmark, I know how prioritising active transport can make a city so much more liveable, equitable and accessible," Mr Watt told *Inner City News*.

"We also need to decarbonise our transport if we are to meet our emissions reduction targets, and cycling is a key enabler of this. It's why countries like France are investing €2 billion (\$3.3 billion AUD) to expand cycling infrastructure and the mayor of Paris has the aim of making the city 100 per cent cyclable."

Those in support of the petition said while Johnston St's speed limit had been reduced to 40km/h, the road "can be chaotic" and they "never felt safe riding there" while another said bus lanes "are even unsafe and then they disappear, as do the limited painted bike lanes".

Johnston St in Kew is flagged under the state government's Strategic Cycling Corridor 2020, and in the Principal Bicycle Network, which outlines important routes for cycling and links up destinations including "metropolitan activity centres", among which Lygon St is listed.

Victorian Greens MP for Melbourne Ellen Sandell said she was most happy to present the petition to Parliament for consideration on October 19.

"Johnston St is an area where people who ride bikes feel really unsafe – and there's a high risk of accidents with cars or 'car doorings'," she said.

"The Labor Government hasn't done anything to make this stretch of road safe for people who ride bikes. It's time the state government made this road safer for people who ride bikes."

Research fellow at Victoria University Dr John Symons, whose work includes the economics of road safety interventions, as well as advising United Nations bodies, said he

believed the petition's proposal "makes a lot of sense".

"It is one of the routes RACV proposed in 2019 and would be expected to generate a significant amount of usage considering it is connecting Melbourne University and the inner eastern suburbs where presumably many students would live. Consequently, it would be well worthwhile," he said.

"It would undoubtedly generate many health, economic and climate benefits with indicative values easily calculated due to existing models for health, economic and climate benefits."

City of Melbourne councillor pro-cycling advocate Rohan Leppert said the proposal in the petition was a "terrific initiative", as it was "good for safety, good for community and good for the local economy".

"I hope it generates support between Melbourne and Yarra Councils and, most critically, the state government," he said.

"The City of Melbourne has tentatively scheduled Elgin St's physically separated bike lanes for construction in financial year 2024-25 but, of course, the program is experiencing a few delays at the moment. The biggest delays come from the state government withholding approval."

Cr Leppert added an inner-city network of safe cycling routes "work best when they're joined up" and the "community-led proposal to call on the state government to come to the party is just what is needed".

According to the City of Melbourne's Transport Strategy 2030, a network of safe lanes would be delivered beginning with the "highest-priority places and integrated with the Victorian Government's Strategic Cycling Corridors".

"In strategically important locations, on-street parking and traffic lane capacity reductions may be needed," it said. ●

To sign the petition:



ADAM BANDT

FEDERAL MEMBER FOR MELBOURNE

142 Johnston Street, Fitzroy
(03) 9417 0772
adam.bandt.mp@aph.gov.au

adambandt.com

Authorised by J. McColl, 142 Johnston St, Fitzroy VIC 3065.

THE GREENS

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Your City of Melbourne community update

SMALL BUSINESS AWARDS

There's no water in Carlton but this yacht club's a winner

It's for very good reason Melbourne was named in the world's top five travel-worthy drinking destinations this year.

The key to this acclaim is Melbourne's cultural diversity and the waves of migration over the years from Italy, Greece and Asia which have influenced our city's bar scene.

Take Carlton Yacht Club Bar for example.

It's behind a blink-and-you'll-miss-it door, in a sea of espresso bars and cucinas in the heart of Little Italy.

The perfect destination for times when your budget doesn't quite stretch to sailing the Amalfi Coast but you want to feel a world away with an Aperol Spritz or a Limoncello in hand.

But it's owner Andrew Leonedas' Greek heritage that has perhaps unwittingly influenced the nautical theme.

"I came up with the name as it represents the relaxed environment I wanted to create and constructed cocktails and added decor to suit. Customers love the name and the irony that Carlton has no water," Andrew said.

Carlton Yacht Club Bar has certainly captured a niche in the market, evoking a sense of carefreeness and fun one would associate with sailing the Aegean Sea.

We've recognised Andrew and Carlton Yacht Club Bar with a Lord Mayor's Small Business Achievement Award for more than 20 years in business.

It was after more than two decades working in the hospitality industry, Andrew decided it was time he chartered his own course.



Andrew Leonedas and Lord Mayor Sally Capp at the awards ceremony.

So he set sail into the world of business ownership launching Carlton Yacht Club Bar.

"I started the business in 2002. At that time I'd been in the hospitality industry for 21 years, mostly running businesses for others and involved with industry teaching and training. It was inevitable that one day I would have a business of my own to run as I saw fit," Andrew said.

Carlton Yacht Club Bar is now one of Lygon Street's longest-standing cocktail institutions, popular with loyal locals and visitors alike.

"Over the bar's 21-year history it has seen a few changes but the heart and soul of the place has remained the same. The focus was always to provide patrons with a comfortable and friendly atmosphere," Andrew said.

"Staff selection has always been paramount with customer focus the key. We have been well received, over the years, by locals and visitors to Lygon Street alike. Another feature over the years has been the vast selection of drinks featuring a wide selection of classic and signature cocktails.

"It is different, compared to other bars, in that it is solely focused on the customer and their needs without egos of staff getting in the way. Carlton Yacht Club is fun and friendly without taking itself too seriously," Andrew said.

Despite the industry facing some rough seas in recent years Andrew is buoyed by Lygon Street's bounceback.

.....
"Melbourne is a great place to do business as people are open to new ideas and fun places to visit. They just love going out and Lygon Street is popular again," he said.
.....



Andrew Leonedas

"The Lord Mayor's Small Business Achievement Award is an acknowledgment that you are doing something right and a recognition of survival. How do you survive in a tough and competitive environment? Well, if you look after your patrons then they will look after you. I guess that's why we've been around for 21 years."

So next time you're after an after-work aperitif, visit Andrew and the team at Carlton Yacht Club Bar at 298 Lygon Street, Carlton.

The team is slinging drinks from 4pm until late, seven days a week. And you won't even need to wear boat shoes.

ABOUT THE LORD MAYOR'S SMALL BUSINESS AWARDS

Melbourne is full of fantastic small business success stories.

The business owners showcased on these pages are recipients of this year's Lord Mayor's Small Business Awards. The awards celebrate the people behind inner-city businesses that have stood the test of time.




Among the recipients are legends who have been in business in the city for 10+, 20+ and 40+ years. We also name a Small Business of the Year and Small Business Innovation Award.

To read our full profiles on these businesses and more, visit news.melbourne.vic.gov.au

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LE TAJ RESTAURANT

Curry. Some like it hot, some like it not. But one thing we can all agree on is that curry connoisseurs are spoilt for choice in Melbourne.

But if it's heat you seek, Le Taj Restaurant and Lounge in West Melbourne is home to the hottest curry in Melbourne.

It's a hefty claim but restaurateur Prabjeet (Pat) Oberoi said Le Taj's recipe for the bhut jolokia packs a heat level to test even the most seasoned spice lover.

Made using Naga Viper peppers or ghost chilies as they're also known, the bhut jolokia is "five times hotter than a vindaloo", Pat said.

"The idea for the dish came about when I thought of cooking

something super spicy which not many Indian restaurants were doing."

From breads to biryanis, crispy samosas to savoury pakoras, and vindaloos, tindaloos and every curry in between, Pat and his team combine authentic Indian spices and techniques to create a menu of traditional and contemporary North Indian meals.

Migrating from India to Melbourne in 2001, Pat knew he was destined for a long career in the hospitality industry, and it wasn't before long he opened Le Taj in 2006.

We've recognised Pat and Le Taj Restaurant with a Lord Mayor's Small Business Achievement Award.



AMERICAN DOUGHNUT KITCHEN

Those queues you often see at the Queen Victoria Market lead to one of Melbourne's best-loved treats – a sugar-coated, jam-filled delight of a doughnut produced by the same families for more than 70 years.

The American Doughnut Kitchen was recently recognised with an Achievement Award in the Lord Mayor's Small Business Awards. Julie Boening is the daughter of one of its founders and brings its history to life with her warm memories of time spent bagging up doughnuts as a child.

"My father would be absolutely amazed to think the business has thrived for so long. To be recognised by the award means a lot to me," she said.

It's almost impossible to imagine the market without the doughnut kitchen handing out bags of sweetness to locals and tourists alike.

"It's the smell that gets everybody in. The doughnuts are made fresh every day, they're made from dough so they have to prove overnight. I think the vintage van is the attraction too," Julie said.

"Lots of people come for the theatrics. Early in the morning people stand outside and watch the staff rolling the dough and cutting it out by hand. Once cooked, the doughnuts get turned into a tray. Jam is put in using a hand-pumped machine, then they're put in the sugar bowl to coat them nicely."



PETAL BACK CLOTHING

Dignity, comfort and ease are at the center of Linda Dugan's mission at Petal Back Clothing in Docklands, one of the most innovative adaptive clothing brands in the world.

Linda, a former swim and resort wear designer, first encountered the need for garments that could accommodate the elderly, disabled and those with limited mobility when her grandmother suffered a stroke and could no longer dress herself.

Using her design skills, Linda created a nightie that could be easily slipped on and off, without her grandmother having to hoist her arms in the air.

Linda has since expanded to an impressive range of pieces catering to a wide clientele including blouses,

pants, singlets, polos and options for men as well.

Linda's designs, with their distinctive 'petal back', are reverse engineered from the swimskirt. Each garment is meticulously designed to minimise the need for movement and manual handling when those in care are being dressed by someone else.

Linda has thought of everything from patterns designed to cover up food and tea spills, to how stronger, high-quality fabrics made to last are needed as garments must go through medical grade industrial laundering.

Petal Back Clothing was a Lord Mayor's Small Business Innovation Award finalist.



MARY MARTIN BOOKSHOP

As a UNESCO City of Literature, books and reading are embedded in Melbourne's culture.

And independent bookshop Mary Martin has proved popular over the years with literary lovers, which is why it's been recognised as a Small Business of the Year finalist in this year's Lord Mayor's Small Business Awards.

Owner Jaye Chin-Dusting left behind a career in medical research to bring new life to Mary Martin, first opened in 1945. Today, Mary Martin has three stores - in Southgate, Port Melbourne and a newly-opened branch at Queen Victoria Market.

True to the spirit of the original Mary Martin bookshop, all are welcome to take their time perusing the shops' extensive collection.

"Mary Martin is a very personal space. It's not just about the books - it's about people coming in and feeling at home to browse to their heart's content. Particularly in our Southgate shop, we get lots of office workers coming in during their lunch break who just need a breather," Jaye said.

About 70 per cent of the books stocked are standardised across the three branches - but the rest are targeted towards that area's demographic.

"As one of the world's strongest reading communities and a City of Literature, Melbourne is a great place for a bookshop to do business."



Celebrating the life and work of Julian Centofanti

WORDS BY *Jack Hayes*
ARTS & CULTURE

Carlton's art community is in mourning following the sad death of Carlton Arts Centre (CAC) owner, pottery teacher and artist, Julian Centofanti.

The CAC pottery school at 189 Nicholson St was established more than 30 years ago, inviting students and like-minded artists through its doors, welcoming them as family members until closing its doors, for good, in July this year.

In celebration of his life and work, the CAC doors will be flung open on one last occasion for a closing down sale of Centofanti's pottery, art collection and equipment, on November 11 and 12.

His partner, Angela Costa, told *Inner City News* that "Julian's lasting memories and unique teaching style will continue through his students and friends from the early days until this year," and that "his legacy will live on".

"I think the beauty and charm of it [CAC], along with Julian's own charm, was that he made it a home where people weren't judged. It was a very welcoming environment," she said.

"He opened his doors to anyone that needed an outlet, some art therapy, or just even a chat. He was the kind of person who would open the door and his heart to anyone. A lot of people called the CAC their home, so when it had to close it shook a lot of people in a lot of different ways."

"The sale will consist of Julian's own signed pieces, other ceramics, some of Julian's art collection from his own home studio, along with CAC pottery equipment and items available for purchase."

While Centofanti's sudden death has shocked Melbourne's pottery community, Ms Costa said the sale would provide a chance to celebrate a life and institution which touched and formed students and artists alike.

The sale will be held at 189 Nicholson St from 1pm to 5pm, November 11 and 12. ●

New Carlton gallery exhibits the "future dreaming" of incarcerated First Nations artists

WORDS BY *Georgie Atkins*
ARTS & CULTURE

The Torch's inaugural exhibition at its new gallery on Elgin St will see *Future Dreaming* - visions of the future come to life from November 2 to November 24, featuring artworks from first-time painters as well as seasoned participants of its program.

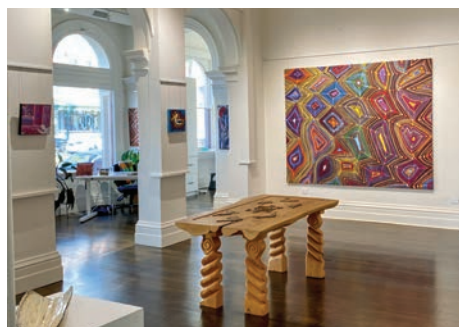
Established in 2011, The Torch program "supports First Nations people in Victoria whose lives have been impacted by the criminal justice system", providing opportunities through art to "define new pathways for themselves upon release from prison."

"The Torch program was built upon the foundation of Indigenous knowledges, philosophies and support processes that have been developed, taught and embraced for generations," creative director for The Torch, Kent Morris said.

"The men and women in the program continue to inspire and shape the program via their voices and experiences, which are deeply listened to and respected."

The exhibition will feature more than 250 artworks created within 14 correctional facilities, "representing First Nations cultural groups from all across Australia."

The exhibition's theme calls on each artist to interpret their own meaning of *Future Dreaming*, with some works dreaming of returning home to their kids or making amends, while others touch on the idea of reconnecting to Culture and Country when they are released.



There are also 10 artworks in the exhibition that explored the Voice to Parliament and what it meant to them.

Artworks in the exhibition will range from \$230 to \$330, with 100 per cent of the commission going to the artists directly, providing a unique opportunity for participants to earn a small income while incarcerated.

"Some artists who created their work while in prison have been released recently," marketing coordinator for The Torch, Bobby Yung said.

"They'll get to see their art on display and it's something they can be proud of, it's also something for the artists' families to be proud of as well."

While First Nations Australians make up less than 3.2 per cent of the Australian adult population, 30 per cent of the national adult prison population is representative of First Nations people.

"The Torch has a positive impact on [reducing] recidivism rates among First Nation people in Victoria," Mr Morris said.

"Only 17 per cent of The Torch participants return to prison after released, compared to the national average of 51.5 per cent."

The Torch's post-release program supports artists' integration back into the community, building their "confidence and self-esteem" to "help break the cycle of incarceration."

"Support is tailored to each person and includes assistance to continue their cultural learning, foster new artworks, and connect to arts industry opportunities," Mr Morris told *Inner City News*.

Chris Austin is a Gunitjmarra Keerabaywoorrong artist and mentor at The Torch as well as a previous participant, demonstrating the impact the program can have on turning an individual's life around.

"In the past, I was a crook, a jail bird, but now I am an artist - my daughter is so proud of that, I never used to think of myself that way," Mr Austin said.

Artworks will be available to purchase from 6pm on November 2 at the exhibition space as well as through their online catalogue, which also features a variety of other items available to purchase throughout the year.

The Torch gallery is located at 146 Elgin St and will be open between November 2 to November 24, Wednesday to Friday from 1pm to 5pm, and Saturday from 10am to 2pm. ●

For more information:
thetorch.org.au

Carlton Gardens Primary School upgrade is a class act

WORDS BY *Brendan Rees*
EDUCATION

Deputy Premier Ben Carroll has shared his enthusiasm after a large expansion and upgrade to Carlton Gardens Primary School was officially completed, allowing for an extra 150 students.

Mr Carroll is also the Minister for Education and he dropped into the school on October 9 for a special assembly celebrating the school's new world-class learning facilities after works began in 2020 thanks to a state government contribution of \$10.59 million.

The heritage school has been expanded by 2165 square metres, with the four-storey, 23-classroom block designed and informed by the school community including the Preps who asked that a building be made of pink Lego, complete with a roof garden and an aquarium.

The upgrade also includes accessible bridge links connecting the new building to existing ones, plus a covered play area with external seating and landscaping for children to enjoy.

"I'm so thrilled to see these new facilities come to life at Carlton Gardens Primary



School," Mr Carroll said as he joined a ribbon-cutting ceremony.

"What's been accomplished here is amazing. Your school is over 150 years old, and the architects and the builders have done a marvellous job being able to work with you - the students."

"I've never visited a school and seen a slide and building blocks and Lego blocks incorporated into it, so what a legacy you're leaving for future students."

"It's often said that if you transform a school, you transform a community and that is what we

are doing at Carlton Gardens Primary School because the learning environment is so important."

Mr Carroll also paid tribute to the school's late principal, Tina McDougall, who dedicated her life to creating a nurturing and loving environment for students, saying the major project was "something that she worked so hard for and strived so much for".

In recognition of the school's modern design, Six Degrees Architects received a commendation in the educational architecture category of this year's Victorian Architecture Awards. ●

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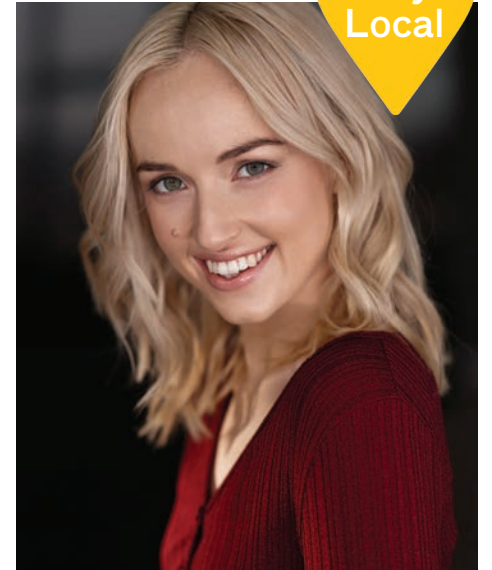


Authorised by Evan Mulholland MP, Member for Northern Metropolitan Region, Unit 10, 2 Graystone Court Epping Vic 3076. Funded from Parliamentary Budget.

Lily ecstatic over dream role in *Mamma Mia*



Lily Baulderstone is living a true “pinch me moment” after landing a dream gig of performing in the hit production of Mamma Mia! The Musical.



WORDS BY *Brendan Rees*

The East Melbourne resident, who graduated from the Victorian College of the Arts in 2019, has been casted as an ensemble member to the show known for its timeless ABBA tunes and infectious energy – with the musical now playing at the Princess Theatre until December 10.

“*Mamma Mia* was a dream show for me. I mean, who doesn’t want to dance to *Voulez Vous* on stage every single night?” she told *Inner City News*.

“The auditions were very intense with hardcore dance calls and singing workshops. I

was so shocked when my agent called and said, ‘You have an offer for *Mamma Mia*, and you’re covering Sophie!’. My Mum was with me at the time, and we jumped up and down screaming for hours afterwards.”

Lily’s role is known as a “swing”, in which she has had to learn and perform every female ensemble role in the show plus cover the lead role of Sophie.

“Basically, if someone is injured, sick or can’t do the show for any reason, I have to be ready to jump into their spot on stage,” she explained.

“The notice can be from as long as the day before or sometimes even an hour before the

show! It’s a crazy job, but I absolutely love the adrenaline of it all. There is never a dull moment.”

Lily, who grew up playing her parents’ CD albums of ABBA, counts herself lucky in what is a tough industry.

After graduating with a Bachelor of Fine Arts in Music Theatre at VCA, she admitted it “was very difficult to keep momentum going and spirits high when no theatres were open”.

“I was very lucky to land my first job in 2021, which was the return season of *Charlie and the Chocolate Factory*.”

“My goal is to continue working in the music

theatre/ theatre and film and TV industry for as long as I can and have a super diverse and interesting career.”

Originally from Adelaide before moving to Western Australia to study at the Western Australian Academy of Performing Arts, Lily now calls East Melbourne home, and said that she loved it.

“East Melbourne is magic! I seriously love it so much. The Fitzroy Gardens are just beautiful ... and I’m always spoilt for choice with cafes and restaurants!” ●

PUBLIC HOUSING RESIDENTS' NETWORK

Residents and supporters are organising to oppose demolition of their homes

There is one thing that is certain about the state government’s dreadful towers demolition plan – there will be strong and hopefully successful resistance.

Public housing tenants in the 44 high-rise buildings across metropolitan Melbourne have been meeting over what has been proposed. Some have already publicly declared they will not move voluntarily. There have been meetings with lawyers to consider legal action that can be taken to stop evictions. Despite being told by the government they will be looked after, very few believe this will be the case.

I thank Merri-bek Council to be the first local government to decide to oppose the plan in their area. Hopefully, other councils will follow their lead.

It’s all about messages to others, not public housing residents

The new Victorian Premier Jacinta Allan has told parliament that what they are doing is somehow marvellous, describing it as “Australia’s largest urban renewal project!”

It is a message to the federal Labor government that Victoria is actioning a plan that will see minor amounts of money flowing to the state government for each new dwelling.

It is a message to those who do not live in public housing that they will see their neighbourhood cleared out of public housing and replaced with community and market related rental housing.

A promised 10 per cent increase in community housing dwellings is deceptive

For every three community housing dwellings, seven full or 10 per cent discounted market rent dwellings are proposed to be built by investors who will be enjoying land at no cost to increase their returns. They will also be paid by state governments for 40 years to maintain the

community housing that will be built.

The 10 per cent increase promise doesn’t stack up as the two towers being demolished at Elgin and Nicholson streets in Carlton will be used to temporarily house displaced residents from other towers being demolished. New dwellings constructed under the original Public Housing Renewal Program, such as at Abbotsford St in North Melbourne, will be used to temporarily relocate residents.

New monopolies in fake affordable housing provision?

The redevelopment of demolished Barak Rd and another three public housing estates has been reported as close to being awarded by the Victorian Government to the same group as the first Ground Lease Model project in Flemington, Prahran and Brighton.

The Tetris-led consortium with community housing provider CHL involved apparently has financial backing from the federal government’s National Housing Finance and Investment Corporation (NHFIC), ANZ bank and Sumitomo Mitsui Banking Corporation.

It is worth mentioning that ex-Victorian Planning Minister Richard Wynne, who had the carriage of public housing demolitions, was appointed a board member of the NHFIC in June this year.

Victorian Auditor General Office (VAGO)

The VAGO is now conducting a review of the state government’s Big Housing Build. I hope they look at every bit of detail on what has been happening under this program and make it public. ●

Prepared with the assistance of the Save Public Housing Collective



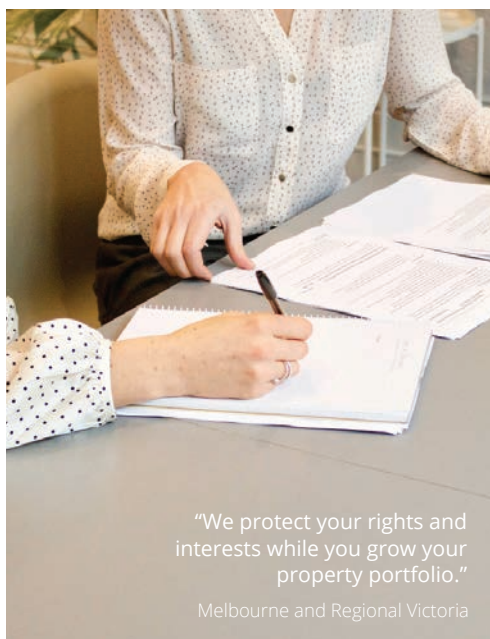
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carltonunitingchurch.org.au
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HEALTH & WELLBEING

Redefining grit: why your next workout could change your life

You're scrolling through your phone one evening, every second post seems to scream youth and vitality. Then you catch your reflection – feeling miles away from those carefree smiles and filtered bodies.

WORDS BY Kane Hamilton
PRIME4OPERSONALTRAINING.COM.AU

At this stage in your life, you've seen enough to know that there are no easy answers to complex questions, especially when it comes to fitness.

If you're nodding right now, trust me, you're not alone.

Now, let's dive into an aspect of strength training that most people overlook – the incredible power it has to build unshakable self-discipline. That's right: the will to overcome, no matter what your day looks like or how drained you feel, originates in discipline.

No more time for "maybe later" or "I'm too tired." Here, you're constructing something monumental. Every session, each rep, is a cornerstone in your fortress of commitment. The moment you take control of your body, ignoring the mental chatter about fatigue and hesitation, an astonishing transformation occurs – one that transcends the gym's four walls.

At Prime4O, every member has uncovered the formula of enduring wellness. They've swapped past setbacks and health challenges for a formula of manageable effort, combined with intelligent recovery. It's a formula that manifests benefits far beyond the physical, making you a more disciplined, more focused individual.

There are no shortcuts in strength training, only a life-time lesson in the immense power of concentrated effort. In a world where diversions are only a click away, the ability to keep your focus sharp has never been so crucial. Think of this as meditation with muscle, a regimen that carves out both a robust body and an indomitable spirit.

So, why aren't more people taking advantage of this duality? Perhaps it's because strength training pushes you up against your limitations, forcing you to come face-to-face with yourself. But it's precisely that struggle that provides the utmost satisfaction, making every early morning and gruelling workout entirely worth it.

If you've paid lip service to the concept of discipline without truly embracing it, perhaps strength training is your ticket to something greater. Speaking from personal experience, the discipline nurtured in the gym has profoundly impacted every other part of my life.

In a world drowning in shortcuts and life hacks, why not be the maverick who chooses grit over gimmicks? Strength training isn't just a gym routine, it's a life curriculum in resilience and focus.

So, here's the ultimate question: are you ready to commit to more than just another "fresh start"? ●



METRO TUNNEL

A new accessible tram stop for Parkville

Parkville will soon have an accessible tram stop on Royal Parade, making it easier to get to hospitals and the University of Melbourne.

The tram stop is part of construction work for the future Parkville Station and will make it simple to switch between tram and train services when the Metro Tunnel opens in 2025.

Crews will work around-the-clock in late November to build the new tram stop on the corner of Royal Parade and Grattan St – the current stop 10 for number 19 trams.

During this period buses will replace Route 19 tram services between Queen Victoria Market and Brunswick Rd.

Drivers and cyclists on Royal Parade won't be affected. There will be some diversions in place for pedestrians to keep people safe.

More detailed information on the disruption will be available on the Big Build website big-build.vic.gov.au.

The new accessible tram stop will replace both existing stops 10 and 11, as the new stop will be large enough to accommodate passengers who would usually board a tram at Royal Parade.

The new tram stop will have raised platforms to allow easy access for wheelchair users to low-floor trams, as well as shelters and service information.



When Parkville Station opens in 2025 it will include a pedestrian underpass allowing people to cross under Royal Parade from Melbourne University to the Royal Melbourne Hospital and Peter MacCallum Cancer Institute without waiting for traffic lights or passing through Myki gates.

Work on Parkville Station is rapidly progressing, with crews building footpaths and bike lanes, landscaping and relocating services around the station's main entrance on Grattan St. There will continue to be changes to the way people move around Parkville as this work

continues.

Underground, station fit-out is well under way, with passenger information screens, accessibility points and bench seats installed on the station platform. Crews are putting the final touches on canopies above each of the station entrances.

Parkville Station will provide a direct train connection to Melbourne's world-class health and education precinct for the first time, making travel easier for the thousands of healthcare workers, students, patients, and families that travel to Parkville every day. ●

CARLTON NEIGHBOURHOOD LEARNING CENTRE

Neighbourhood House climate plan launched

On October 10, the Yarra Neighbourhood House Network (YNHN) unveiled its Climate Action and Resilience Plan. City of Yarra Deputy Mayor Edward Crossland spoke, highlighting the plan's alignment with Yarra Council's Climate Emergency Plan.

WORDS BY Tony Milne
EXECUTIVE OFFICER

The plan is a commitment to building a future where the community actively participates in climate action. It addresses various aspects from supporting at-risk communities through to government planning and infrastructure upgrades.

Jane Tonkin, CEO of the Fitzroy Learning Network, showcased how each house is actively participating in climate action.

The Carlton Neighbourhood Learning Centre (CNLC) is projected to save 36,000kg of waste from landfill this year through its compost hub, involving 700 residents and local businesses.

North Carlton Railway Neighbourhood House has been a champion of repair and reuse, saving 43kg of items from landfill through one repair workshop.

Alphington Community Centre leveraged additional state funding to expand its ability to prepare and store community meals.

Belgium Avenue Neighbourhood House is almost gas-free.

Richmond Community Learning Centre have saved 60kg from landfill last month at its repair corner.

Finbar Neighbourhood House has been a hub for sustainability, with initiatives like a compost and recycling station.

Holden Street Neighbourhood House supports its community to reduce waste with food relief offering Second Bite recycled food weekly.

Fitzroy Learning Network saved \$15K worth of new clothes and \$5K worth of second-hand clothes from landfill via its clothing distribution project.

CNLC executive officer Tony Milne shared a story of creating a new frog bog at CNLC, a case study of enhancing urban biodiversity. He illustrated the criticality of the plan by envisaging a potential heatwave scenario, highlighting the pivotal role Neighbourhood Houses play during extreme weather events and the necessity of fortifying them against disruptions.

The plan doesn't merely respond to the impacts of climate change; it aims to mitigate it. Objectives like developing an ecological and social justice procurement policy, minimising waste, and providing sustainable living and climate action education are steps towards not just surviving in a changing climate but actively reducing our collective impact on it.

YNHN's Climate Action and Resilience Plan stands as a beacon of collective, community-driven action towards a sustainable and resilient future. It calls for collaboration, support, and funding to navigate the ambitious yet crucial path ahead.

The plan can be read at cnlc.org.au/about/publications

In the spirit of sustainability, CNLC is hosting a garage sale on Saturday, November 11 9.30am to 2pm at 20 Princes St. Come along for a fun day of food and bargains. We would love to accept your quality second-hand goods to sell. Drop off 9am to 5pm during the week on the front veranda.

All proceeds go to help us support the community. ●

MELBOURNE ZOO



Pelican's remarkable journey home

Rarely seen by humans, wild juvenile pelicans are only found in four remote breeding colonies throughout Victoria.

So, when one washed up cold, wet and disorientated on a beach at St Leonards it was clear it had been blown far away from home.

The four-month-old bird was transported to Werribee Open Range Zoo by a Wildlife Victoria rescuer, assessed by the veterinary team, and deemed too young to be independent.

Melbourne Zoo marine response unit keeper Greg McDonald said the team embarked on an epic journey to return the pelican back to its family on Mud Island.

"After the bird was transported to Melbourne Zoo, the Marine Response Unit team travelled two hours to Queenscliff and then took a boat with Parks Victoria to Mud Island which is over 9km east of Queenscliff by sea," Mr McDonald said.

"Young pelicans stay in a crèche of up to 100 birds of the same age while their parents go out to fish, so we had to trek through the reeds to find its siblings."

Once the crèche was found, the young pelican settled right back in with its fellow fledglings. ●

PARKVILLE ASSOCIATION

Safe living in the city

As a Parkville resident for many years I learned a lesson when spending some time on crutches recently: keep your eyes open and move quickly!

There were a few positives, students (mainly overseas ones) giving me a seat on the tram, a couple of people helping me up steps and the occasional bike avoiding me.

It gave me time, however, to observe issues that cause problems for elderly pedestrians or those with disabilities. It also highlighted the absolute selfishness of so many of Melbourne's residents.

Every column I talk about e-scooters. If ridden correctly they should be an excellent way to travel, however no-one follows the rules. No hats, double dinking, speeding and riding on pedestrian only pavements.

The operators can "geo fence" the scooters

but frankly they don't! On Royal Parade where clearly the west side has "no cycling" signs riders zoom along oblivious to pedestrians and yell obscenities when challenged.

There is a particular issue on the corner of Morrah St and Royal Parade where scooters and bikes cross Royal Parade on the pedestrian-only crossing, weave through the tables outside Naughtons and ride on the wrong side down Morrah St.

Hotel staff have been hit as have the odd pedestrians. This is a dangerous corner and needs urgent fixing. Scooters and bikes coming out of Tin Alley don't stop, pedestrians are fair game.

Trams along Royal Parade stop yet cars continue to pass them while pedestrians are disembarking. Many years ago, a pedestrian was killed on the Morrah St stop and it's only a matter of time before another serious accident happens. I feel for the tram drivers who sit there helplessly watching ignorant drivers speed through. We need a law change to cover this serious offence.

All these issues are easily corrected. In Europe in the bike cities, they all obey the law

and enjoy the healthy pastime of cycling.

In Paris the Mayor called a referendum on hire e-scooters and 90 per cent of those who voted were against them. In late October the number of injuries from e-scooters at St Vincents alone since 2022 topped 500.

The irony is that many were caused by late night intoxicated users; many did not realise if over the limit they will lose their drivers licences. Ride safely please!

On a positive note, the new tram super stops are currently being constructed either side of Grattan St on Royal Parade. These will enable swift interchanges with Parkville Station when opened but, more importantly, provide safe and level access for many patients going to the hospitals.

On the negative side "rat runners" will look at quicker ways through South Parkville joining the hundreds of existing ones!

All these issues can be fixed easily by all of us thinking of others. Look after your fellow residents and make pavements and crossings safe. Not everyone is a fit as you are and, yes,

sadly some are a lot slower. A smile and "good day" are a wonderful tonic!

On Friday, October 27 I chaired the local Police Community Consultative Committee which covers Carlton, North Melbourne, Kensington, Parkville Gardens and Parkville.

The new Local Area Commander, Inspector Craig Pearson, talked about many new initiatives we will see around our area where they hope to introduce "coffee with a cop" particularly around the housing communities in Carlton, Kensington and North Melbourne.

The Police have a tough job in these difficult times; we should reciprocate and smile and say 'thanks' to the "boys and girls in blue!". ●

Have a great November!



Rob Moore

PRESIDENT

PRESIDENTPARKVILLE
ASSOCIATION@GMAIL.COM

CARLTON HISTORY GROUP

Victorian Police Strike of 1923

In 1923 constables in the Victorian Police force went on strike, and for several days the streets of Melbourne and nearby suburbs descended into lawlessness and looting.

The strike began when a squad of 29 constables at Russell Street Police Headquarters refused to go on duty. The Victorian Police Force at the time was understaffed, lowly paid, and had no industry pension.

The immediate cause of the strike, however, was the decision by the Chief Commissioner to set up a system of "special supervisors" to secretly monitor beat cops as they went



▲ Non-striking police and special constables push back an unruly crowd in the city during the 1923 police strike.

about their duties. This was deeply resented by members of the force.

The strike lasted for several days, and with no police around to stop them, rioters and looters soon took over the streets. Unruly crowds poured into the city and made their way up Elizabeth and Swanston

streets, smashing shop windows, looting, and overturning a tram.

Large crowds gathered to witness what was going on. Constables who remained on duty were jeered and harassed, until they retreated to the Town Hall. Tramways staff and uniformed sailors helped to direct traffic

at intersections.

The newspapers quickly attributed the rioting and looting to Melbourne's criminal element, but subsequent court records show that most of the offenders were young men and boys without criminal histories.

To restore some law and order, 5000 volunteer "special constables" were sworn in, many of them ex-servicemen from the First World War. They were identified by badges and armbands and given the power to arrest.

The rioting and looting soon spread to nearby suburbs such as Carlton. One evening, a crowd of roughs returning from looting in the city attacked two shops in Lygon St. Plate glass windows were smashed and a large quantity of goods stolen.

The looters were chased off by special constables but got away. However, a few minutes later, one returned, and as he was helping himself to more loot, was arrested by a special constable who was hiding inside.

Many looters who were arrested later faced court. Typical was John Birch, labourer of Palmerston St, Carlton, who was charged with being in unlawful possession of five shirts, three suits of pyjamas and two suits of clothes. He was sentenced to three months imprisonment.

After the strike, more than 600 policemen were discharged, about a third of the Victorian Police Force, and most of them were never re-employed as members of the force.

Later the origins and effects of the strike were investigated by a Royal Commission, and the government subsequently improved pay and conditions for police, and legislated to establish a police pension scheme. ●



Jeff Atkinson

PRESIDENT CARLTON
COMMUNITY HISTORY
GROUP

JEFFANN@
BIGPOND.NET.AU

STATE MP

It wasn't a YES, but the fight for First Nations justice continues

“

The referendum result wasn't what we wanted.

”

When the result came in, I was feeling devastated. Especially when data showed that Indigenous communities overwhelmingly voted yes to the Voice to Parliament.

But I was heartened to see our community here in Melbourne had the highest YES vote in the country, with 77.1 per cent of the Melbourne electorate voting yes.

I want to send my love and solidarity to First Nations people, who have fought for justice and



self-determination for generations.

I also want to thank everyone in our community who joined this campaign. I was so proud to volunteer on polling day alongside so many engaged and compassionate locals in our community.

If (like me) you're feeling a sense of loss, remember that there are many pathways forward in this fight.

The Greens and I will continue to work with First Nations people to urgently advance Truth and Treaty across the country.

The referendum clearly showed the need for truth-telling across this country. Misinformation and violent rhetoric spread fast and wide during the campaign, led by high profile conservative figures.

Our country needs to come together and learn about its past so we can heal and move forward together through Treaty or Treaties.

The Treaty process has already begun here in Victoria, but it also needs to happen at a

national level. My Greens colleagues, including your federal MP Adam Bandt, will be continuing to push for that in Federal Parliament. At a state level, we'll be making sure the Treaty process lives up to what it needs to do.

A Treaty must be built on the acknowledgement of First Nations' sovereignty. It also needs to include First Nations people and governments committing to responsibilities, promises and principles for how we work together going forward.

If you'd like to be involved in the push for Truth and Treaty, sign up at greens.org.au/truth-treaty. ●



Ellen Sandell

STATE MP FOR MELBOURNE

OFFICE@ELLENSANDELL.COM

PUZZLES & TRIVIA

Quiz



- Where has a new toilet facility opened in Carlton?
- Lupita Nyong'o (pictured) won a Screen Actors Guild award for her role in which 2013 film?
- Halitosis is a condition which is better known as?
- A cygnet is a baby what?
- Before Lygon Street became known as 'Little Italy' after World War II, what was it known for?
- How many home-based food businesses are registered with the City of Melbourne?
- Xi Jinping is the president of which country?
- Which historic business first occupied the space of Lagoon Dining on Lygon Street?
- Nicola Salvi was best known for designing which Italian landmark?
- Which zodiac sign is between Aries and Gemini?
- Which sporting facility has just completed a highly-anticipated revamp?
- How many public housing towers are planned to be demolished and redeveloped across Melbourne?

QUIZ SOLUTIONS

- Paradise Street 2, 12 Years a Slave 3, Bad Breath 4, Swan 5, The centre of Jewish life in Melbourne 6, 13 Z China 8, Lygon Food Store 9, Trevi Fountain 10, Taurus 11, Brens Pavilion at Royal Park 12, 44

5x5

No. 030

Insert the missing letters to make 10 words – five reading across the grid and five reading down.

S		U		D
	U		N	
A		S		E
	T		E	
M		E		S

SOLUTIONS

QUID, PUNNY, AISLE, STEER, MEETS

PUZZLES AND PAGINATION
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PAGEMASTERS.COM November, 2023

Sudoku

No. 029

Fill in the blank cells using the numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block

EASY

1				5				
3	5		1	6	2			7
					4	5		1
	6	1				3		2
4								9
2		8				7	1	
6		2	9					
7			2	1	8		9	6
				4				3

HARD

3		8			2	1		
			7					9
		1		5	3			4
7	4							
6				3				9
							3	7
	1		2	7		3		
	2				6			
		6	4			5		2

SOLUTIONS

EASY

8	1	9	6	1	8	3	7	2	4
9	6	4	8	1	5	2	3	7	6
8	5	1	4	7	3	6	2	9	8
5	2	9	3	4	8	7	1	6	4
4	7	3	5	2	1	8	6	9	7
6	9	8	2	7	4	1	5	3	2
2	5	6	1	8	9	7	4	3	5
9	2	6	7	8	4	5	3	1	7
4	6	1	6	2	9	8	7	3	5
1	8	7	3	5	9	6	2	4	7

HARD

8	3	6	4	4	9	8	3	2	2	5	5	2	1	4
6	1	4	7	2	7	3	8	5	6	8	9	8	1	5
1	5	9	8	2	4	6	4	6	8	2	1	5	7	1
8	8	3	1	3	7	4	4	3	7	8	8	9	6	9
7	4	3	5	3	8	7	2	1	6	9	6	9	8	7
2	2	1	6	9	6	9	6	9	6	9	6	9	6	9
2	2	1	6	9	6	9	6	9	6	9	6	9	6	9
4	6	5	7	1	8	2	9	3	8	3	9	3	8	7
3	7	8	9	4	2	1	6	5	1	6	5	1	6	5

Wordfind

Theme: Under the Sea

The leftover letters will spell out a secret message.

G	R	E	P	P	A	N	S	W	L	G
N	O	E	F	L	A	T	H	E	A	D
I	C	L	O	N	U	I	R	L	S	M
T	A	E	D	R	T	E	A	O	A	A
I	R	F	G	E	K	I	N	B	L	R
H	P	E	B	C	N	S	U	S	M	L
W	O	A	A	H	I	P	T	T	O	I
N	I	M	C	R	A	B	E	E	N	N
T	N	D	O	C	Y	A	R	R	U	M
S	W	O	R	D	F	I	S	H	C	G
I	D	N	U	M	A	R	R	A	B	H

- | | |
|--------------|------------|
| BARRAMUNDI | MURRAY COD |
| CARP | SALMON |
| CRAB | SNAPPER |
| EEL | STURGEON |
| FLATHEAD | SWORDFISH |
| GOLDEN PERCH | TUNA |
| LOBSTER | WHITEBAIT |
| MACKEREL | WHITING |
| MARLIN | |

Secret message: Gone fishing

Crossword

No. 029

ACROSS

- Predictions (9)
- Greek letter (5)
- Quicker routes (9)
- Mission (5)
- Jot (4)
- 'Idiot box' (10)
- Runway hub (7)
- Facet (6)
- Dark blue (6)
- Manipulate (7)
- Plant shelter (10)
- Male elephant (4)
- Jobs (5)
- Contamination (9)
- Finished (5)
- Finds (9)

DOWN

- Intriguing (11)
- Cockerel (7)
- Domestic animals (4)
- Scholars (8)
- Method (6)
- Accept reluctantly (9)
- Exact (7)
- Fitting (3)
- Holland, The - (11)
- Arranged (9)

1		2		3		4		5		6		7		8
9										10				
11						12								13
14						15				16				
18		19								20			21	
23													24	
26										27				
28										29				

- Comforts (8)
- Attired (7)
- Insulting (7)
- Jumped on one foot (6)
- European currency (4)
- Dead heat (3)

SOLUTION

S	B	E	A	O	I	O	S	I	S	O	I	D	E	D	E	N	I
D	A	L	E	B	E	R	E	E	E	E	E	E	E	E	E	E	E
N	O	I	L	O	S	K	V	L	I	E	S	E	E	E	E	E	E
V	S	A	O	P	I	S	E	E	E	E	E	E	E	E	E	E	E
T	L	I	B	S	O	H	N	N	R	R	E	E	E	E	E	E	E
H	B	R	N	H	V	R	N	E	E	E	E	E	E	E	E	E	E
H	G	O	P	E	R	I	O	G	I	D	N	I	E	E	E	E	E
N	E	S	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
N	O	I	L	O	S	K	V	L	I	E	S	E	E	E	E	E	E
S	O	I	O	S	I	D	E	D	E	N	I	E	E	E	E	E	E
F	O	R	E	A	L	P	H	A	S	E	S	E	E	E	E	E	E

Codeword

No. 029

5		O	20	24	5		16	12	10	2	2	13	3	
3			10		11		11		18		11		6	
10	18	7	11	17	3	12		7	11	13	7	3		
5			10						3		13		20	
9	4	13	21	10			13	3	18	10	3	18	21	
10				18		3			21			O		
20	11	22	10	21	11		8	10	11	18	20	3		
			13		3		1		7			13		
22	12	11	10	12	10	3		3	14	22	3	13		
10		21		6		22				11		10		
15	4	3	4	3		19	10	13	13	21		O	22	
4			11		20		23		11		10		5	
3	15	4	11	21		O	12		9		O	O	5	3

SOLUTIONS

X	Q	W	D	N	H	C	T	P	X	K	O	B
30	20	22	22	22	22	22	22	22	22	22	22	22
Z	G	E	U	S	J	V	M	I	A	R	L	
21	11	11	11	11	11	11	11	11	11	11	11	11

1	14
2	15
3	16
4	17
5	18
6	19
7	20
8	21
9	22
10	23
11	24
12	25
13	O
	B

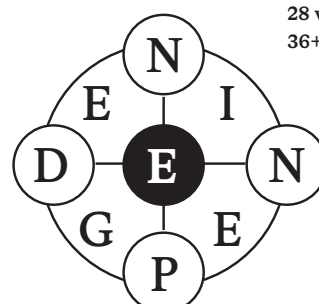
9-Letter

No. 029

Today's Focus:

- 20 words: Good
- 28 words: Very good
- 36+ words: Excellent

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in "s".



SOLUTIONS

deep, deepen, DEEPENING, deign, den, dine, edge, ending, engine, epee, epigone, geed, gene, genie, genned, ginned, ide, indene, need, needling, neep, nide, nine, peed, peeing, peen, peened, peening, peap, pending, penne, penned, pide, pied, pine, pinned, pinene, pinged, pinned

Reference: Collins Concise English Dictionary

What's On: November 2023

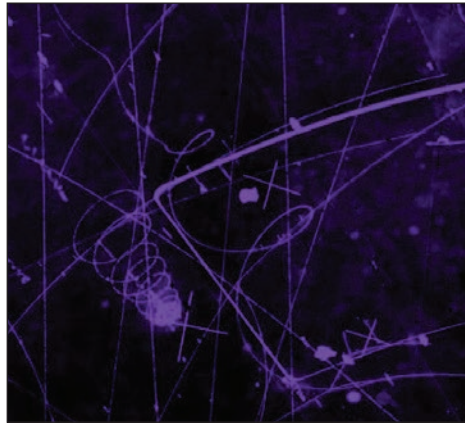
Community Calendar

UNTIL DECEMBER 2, 11AM - 4PM

DARK MATTERS

Dark Matters is an exhibition in collaboration with Arts at CERN and the ARC Centre of Excellence for Dark Matter Particle Physics. The exhibition aims to explore the fundamental essence of life and the universe, and how so much of it remains a mystery to us.

Science Gallery Melbourne, 114 Grattan St, Parkville



NOVEMBER 10-27, OPENING EVENT & AWARDS PRESENTATION, NOVEMBER 14, 7PM

THE HYLTON MACKLEY AM VAS ARTIST OF THE YEAR AWARD

A prestigious and much sought after award, this impressive exhibition features artworks by select Victorian Artists Society artists, who have been invited to participate after receiving the highest number of votes from their peers.

Frater, Hammond & McCubbin Galleries, VAS Gallery 430 Albert St, East Melbourne



EVERY SATURDAY, 8AM TO 1PM

FARMERS MARKET

Stalls selling fresh produce on primary school grounds.

Everything from fruit, to vegetables, flowers, take home and ready-to-eat meals, honey, coffee and baked goods.

Carlton North Primary School



EVERY SATURDAY, 1PM TO 3PM

WOMEN'S SOCIAL SOCCER (FREE)

Melbourne Social Soccer runs free social games for women. Contact 0456 700 688.

admin@melbournesocialsoccer.com

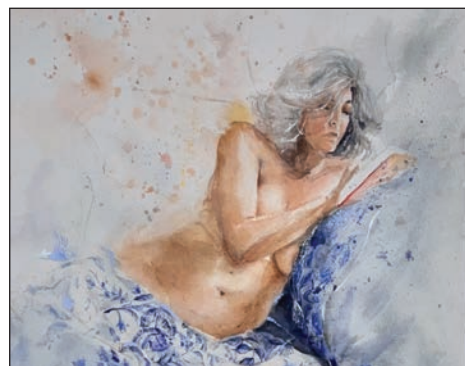
Crawford Oval
121 Princes Park

NOVEMBER 9-20

VAS LIFE GROUP EXHIBITION 2023

This exhibition celebrates the human body and showcases artworks that have been created during VAS Gallery's Portrait and Life Group sessions with life models.

Cato Gallery at VAS Gallery, 430 Albert Street, East Melbourne



ALTERNATING WEEKS 'TIL DEC

CONNECT CAFÉ-TECH AND I.T. HELP FOR OLDER PEOPLE

Tech Topic group workshops 10am – 12pm
One-on-one tech help 10am – 1pm
Alternating Fridays until 15 December.
Light morning tea provided.

Kathleen Syme - P: 9658 7300
E: literacyandlearning@melbourne.vic.gov.au



CHRISTMAS 2023 WORSHIP TIMES

HOLY TRINITY CHURCH EAST MELBOURNE

Carols - December 17, 6pm
Christmas Eve - Eucharist with carols 9pm
Christmas Day - Eucharist with carols 9am

All welcome.
Cnr Clarendon and Hotham St.
www.holytrinitymelbourne.org.au



SUNDAY, NOVEMBER 26, 11AM- 9PM

ITALIAN FESTA 2023

The New Melbourne Italian Festa 2023: A grand Celebration of Italian Culture and Tradition.

Royal Exhibition Building and Museum Plaza
www.melbourneitalianfesta.au

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MIF23 the Festa reinvented

www.melbourneitalianfesta.com.au



35+ street food stalls

2 stages with live music

1 stage with cooking demo

50+ wines to taste and buy

25+ indoor stalls

3 art exhibitions

... and so much more. See our program online!

Royal Exhibition Building & Museum Plaza
Sunday, November 26, 2023
11:00am - 9:00pm - FREE ENTRY

You are invited to celebrate all things Italian at Victoria's largest Italian Festa! Come with your family and friends.

Buy online, on our website, your tickets for the wine tasting & VIP Degustation Experience: the only ticketed event across the whole Festa.

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Partner



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