

# INNER CITY NEWS

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## Local AFL team works to stop brutality against women

Carlton Respects is the flagship community program of the Carlton Football Club aimed at educating the community about gender equality to prevent violence against women. The club made a joint resolution to launch its Carlton Respects program in 2016, being aware of how important it is to utilise its reach to a mass audience. *Continued on page 2.*

## Carlton market to return after council gifts not-for-profit group \$45K

WORDS BY *Brendan Rees*  
COMMUNITY

A former Carlton market that helped people who experienced food insecurity will get a \$45,000 funding boost from the City of Melbourne to relaunch its services.

The Community Grocer, a not-for-profit social enterprise, had been operating a weekly market at the Carlton public housing estate on Lygon St since 2004.

But it had fallen on hard times over the COVID-19 pandemic, which saw the market closed temporarily twice and change location four times before eventually closing altogether on June 10, 2022.

The market struggled to provide fundraising activities

as well as run complementary stalls and community activation events, prompting the organisation to make a submission to the council for more funding.

Until it closed, the market was providing fresh, healthy, and nutritious produce to people experiencing food insecurity.

With good news spirit, councillors agreed at their August 16 Future Melbourne Committee meeting that it would provide \$45,000 (delivered in two portions) to the Community Grocer to re-establish its weekly market.

"We are delighted to support this hugely important community organisation to get back on its feet," Cr Dr Olivia Ball, the council's portfolio lead in health, wellbeing and belonging, said.

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## Lighting upgrades take shape at Fitzroy Gardens, but experts say it may not improve safety

*The City of Melbourne has begun replacing lighting within the Fitzroy Gardens in East Melbourne as worried residents hope to increase safety at night.*

WORDS BY *Brendan Rees*  
SAFETY & SECURITY

The community has recently voiced worry about a lack of lighting or poor maintenance at the Fitzroy Gardens – with the issue being raised at a council meeting on August 16, during which a resident said it was a "real safety concern".

"The park is not well lit and not a safe environment for people to walk at night, especially women and healthcare professionals walking from work to the carparks," resident Tracey McDonald said during the meeting's public question time.

"Some of the parts are well lit, but the major thoroughfare is very poorly lit."

In response, Lord Mayor Sally Capp said she would walk through the park to "see for herself" and the council would follow up the matter.

When *Inner City News* enquired about lighting at the Fitzroy Gardens, the council said it was replacing the lighting along Hotham Walk in Fitzroy Gardens with new LED lighting.

"Earlier this month, council installed temporary lighting in the area following the decommissioning of CitiPower's existing infrastructure," it said in a statement, adding the lighting upgrade work was expected to be completed in late 2022.

But some experts have warned that added lighting at the park and public spaces in general may provide a false sense of security.

"Despite common beliefs, there is overwhelming evidence that street

lighting has no effects either way on crime or road accidents," Dr Barry Clark, whose background is in engineering, physics, applied optics and vision research, and who is a member of the Victorian chapter of the International Dark-Sky Association, said.

"Increasing lighting at night can reduce the fear of crime and give a false sense of security.

"Stalkers can take advantage of tree trunks and deep shadows to select their victims, check for the absence of others and then make their attack. Crime is a social problem, not a lighting problem."

This view was shared by Monash University Associate Professor Sean Cain of the School of Psychological Sciences. He said as part of his research into the psychology and the effects of light was that lighting "immediately reduces" the activation of the area in the brain involved in producing feelings of fear.

"To say that lighting up the park and that people are going to be able to walk though that safely, that's probably not the case," he said.

"People have this assumption that it's safer because it makes us feel safer, and that's just the effect of light on our brain."

"The balance of the evidence is: don't light up places because the reason for doing it – reduce crime, increase safety is actually not a solid truth, in fact it might be more wrong than right."

According to their research, "smart lighting" or best practice had found

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## Local AFL team works to stop brutality against women



*Carlton Respects is the flagship community program of the Carlton Football Club aimed at educating the community about gender equality to prevent violence against women.*



WORDS BY *Carol Saffer*  
COMMUNITY

The club made a joint resolution to launch its Carlton Respects program in 2016.

CEO Brian Cook said, "the decision was made following a research piece on the issues our community was facing and in close consultation with Our Watch and the Luke Batty Foundation, two key organisations in the space of family violence prevention."

Our Watch research shows that 87 per cent of Australian adults participate in some form of sport or physical activity.

"It's fair to say that sport can be as important as family, education and faith in shaping our values and behaviours in life," a spokesperson from Our Watch said.

The club is aware of how important it is to utilise its reach to a mass audience.

It chose not to ignore this social issue's devastating impact on Australian families.

"To put it simply, the statistics at the time and sadly still are, harrowing," Mr Cook said.

"So, it is a great credit to those at the club at that time for launching the Carlton



▲ Sam Walsh and Charlie Curnow.

Photography: AFL Photos.

Respects initiative."

No other AFL club at present had entered an awareness-raising program or an educational space.

The Carlton Respects initiative has three main focuses; a school program, workplace charter, and awareness raising.

A new digital learning platform that will enable the Carlton Respects school program to reach beyond the 10,000 students it already has, is soon to be launched.

The club's players are involved in its delivery, which significantly impacts the new platform.

"To be able to grow the program on this scale is vitally important as research shows that instilling the message of gender equality to younger people has a great effect on their social conscious later in life," Mr Cook said.

The workplace charter provides the same education tailored to the Australian business community.

"Thirdly, our awareness raising of gender

equality for the prevention of violence against women is driven by three key events throughout the year, our AFLW Carlton Respects Game, AFL Carlton Respects Game and 16 Days of Activism."

Data gathered by Our Watch shows gender inequality is the leading cause of violence against women, resulting in the murder of one woman weekly at the hands of her current or former partner.

"We are continuing to strive for gender equality in our industry, which, to be honest, has not always been the case," Mr Cook said. ●



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## Carlton market to return after council gifts not-for-profit group \$45K

*Continued from page 1.*

“We know from our surveys and research data here in the City of Melbourne that food insecurity has risen to alarming levels during the pandemic, alongside poverty.”

She said the council couldn’t afford the Community Grocer to “fall by the wayside” after “it was obliged to move its location multiple times, and of course during lockdown, had to close so nobody knew where it was or when it was open”.

Cr Ball said the market was in a “very important” location in the City of Melbourne, and a great opportunity for the market to “reopen and thrive again.”

In granting the funding, the Community Grocer’s submission had strongly aligned with the objectives of Melbourne’s food relief plan, Community Food Relief 2021-2025: Planning for a food secure city, according to a council report.

Cr Jamal Hakim said food relief had never been more important as council data showed one in three people had experienced food insecurity.

“We know from hearing from our Carlton community that this is something that’s important for them, and consistency of funding and being able to support this is a really positive outcome,” he said.

Meanwhile, Elle Morrell, manager of Open Door at the Carlton Neighbourhood Learning Centre, has launched a monthly food relief market to fill the void of the Carlton market.

“I was really concerned that after COVID there wasn’t a place for



▲ Elle Morrell, manager of Open Door at the Carlton Neighbourhood Learning Centre, has launched a monthly food relief market.

people to gather and get food,” she said.

Ms Morrell said while the market’s first opening in August was a success, she hoped to eventually operate weekly, but this depended on state government funding.

Open Door is a place that works with local migrants and refugees and their communities at the Carlton public housing estate.

The Open Door community market will be open the first Friday of every month from 9.30am-11.30am. ●



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## Heritage protection in Carlton edges a step closer

WORDS BY David Schout  
HERITAGE

New heritage protection for a number of Carlton buildings is a step closer, after the City of Melbourne considered submissions from local groups and institutions as part of its Carlton Heritage Review.

After a range of requests from submitters, the council agreed to recommend that two properties, at 38 Dorrit Street and 153 Drummond Street, were recategorised to reflect their contribution to local cultural heritage.

It also agreed to recommend a “social significance” tag be applied to the John Curtin Hotel on Lygon Street.

The council will now send its updated recommendations through to an independent panel appointed by the Planning Minister for approval, bringing the overall amendment (termed “C405”) closer to incorporation within the planning scheme.

The Carlton Heritage Review, which commenced in 2018 and was undertaken by Lovell Chen Heritage Consultants (as commissioned by the City of Melbourne), recommended that 24 new places were granted heritage protection.

This included the former Children’s Hospital building, Lincoln Square, the Chinese Church of Christ, a former manufacturing building at RMIT University and, more controversially, the Royal Women’s Hospital car park on Grattan St.

City of Melbourne councillors unanimously endorsed the recommendations in November 2021.

Speaking at an August 16 Future Melbourne Committee meeting, Lord Mayor Sally Capp commended the latest contributions from locals.

“I’m calling out a couple of submissions in particular, one from the Carlton Residents Association, and as a result we’ve made some changes to the heritage classification of several properties following their feedback,” she said.

“We’re grateful for the time and effort they put in to ‘stress-test’ the team’s work overall and make some further suggestions.”

She also noted submissions from the National Trust and Music Victoria regarding the John Curtin Hotel.

Cr Capp said the review had “already been a significant process”, and was looking forward to the heritage protections being signed off.

“Like many people I certainly enjoy walking around the Carlton neighbourhood and seeing that juxtaposition of heritage and modern, and protecting that heritage story is important,” she said.

The sentiment was reiterated by Councillor Davydd Griffiths.

“It was fantastic to walk along Lygon Street this morning and to see the energy and excitement that’s returning to that street; new coffee shops, among other things. But to see those placed in the context of some wonderful heritage buildings [was great].”

As part of the Carlton Heritage Review, 52 places are recommended for “interim” heritage protection while permanent controls were being progressed, something Cr Capp noted the council was still waiting on from the state government.

“I note we’ve got a new [Planning] Minister,” she said. “So we are urging the minister to approve those controls as soon as possible so that there can be certainty whilst we wait on the permanent controls to come through.”

A large portion of Carlton is already protected under “HO1”, the largest and oldest heritage overlay within the City of Melbourne.

Initial heritage studies of the local area in the 1980s identified almost exclusively Victorian and Edwardian era architecture that warranted protection within planning controls.

However this recent study, which commenced in 2018 and concluded in 2021, reviewed the integrity of these existing controls while also considering interwar, postwar and postmodern buildings.

“Together, these reflect the unique, diverse urban character of Carlton,” according to the City of Melbourne.

Although not located within Carlton, Amendment C405 also includes reinstating heritage protection for the Punt Road Oval on a permanent basis.

In May the council approved a controversial plan to knock down the historic Jack Dyer Stand as part of the Punt Rd Oval redevelopment, despite heritage groups voicing their opposition. ●

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# Spike in dog attacks, barking complaints

WORDS BY *David Schout*  
SAFETY & SECURITY

The number of reported dog attacks within the City of Melbourne has doubled in the past two years, as the council considers ways to deal with increased pet ownership.

After a significant increase in local dog and cat numbers during COVID-19 lockdowns, dog attacks increased from 58 in 2019-20 to 113 in 2020-21, a figure that remained consistent in 2021-22.

The figures were revealed in the council's draft *Domestic Animal Management Plan* for the next four years.

The council said that while higher pet numbers and better awareness of how to report attacks had likely contributed to the rise, it was nonetheless worrying.

"Dog attacks sadly and significantly impact the lives of all people involved. Victims are often left with significant financial expenses as a result of hospital or vet bills and suffer physical and emotional trauma as a result of dog attacks," the report read.

"Further, dog attacks seriously impact the lives of dogs – many victim dogs suffer lifelong trauma following an incident."

An investigation into the attacks found that most attacks and "rushes" occurred while the owner was with their dog, which the council said indicated that some dog attacks were "able to be prevented through appropriate care and control".

Due to the "significant increase" in pet ownership, the council said there was now heightened demand for open space areas.

A survey of hundreds of local pet owners had suggested increased enforcement.

"Community engagement and feedback highlights the need for an increase in the number of patrols conducted by the [animal management]



▲ Reports of dog attacks and nuisance complaints have risen sharply in recent years

team, highlighting the need for more enforcement where people fail to meet their obligations as a dog owner in the City of Melbourne."

The report indicated a number of key initiatives to reduce the risk of dog attacks, including:

- Desexing of dogs
- Early socialisation and training of dogs
- Ensuring animals are not permitted to wander at large
- Educating the community (particularly children) about bite avoidance and how to behave around dogs
- Educating the community and enforcing the requirements with respect to dogs accessing public places with their owner

The draft plan also revealed a sharp rise in nuisance complaints related mostly to dogs. Barking complaints rose 30 per cent in the two years to 2021, while reports relating to leashing of dogs in public places [dogs not on leash where they are supposed to be] have more than doubled in that time, up from 83 to 200.

"[These increases are] believed to be due to

more people being home more often, providing opportunity for them to hear dogs bark. The pandemic has also seen people utilising local parks more often, creating greater competing use of these spaces," the report read.

Despite having almost 8500 registered dogs and cats within the municipality, a figure that has doubled within the last 10 years, the City of Melbourne's animal management team has not increased during this time and remained at just four officers.

Councillor Rohan Leppert questioned whether this should be enhanced, not just to beef up response teams but also to improve preventative measures.

"Our team must be so efficient to be getting on with their job, but they are possibly going to be facing even more work in the future and we might need a few more animal management officers," he said.

"During COVID the pressure on open space in particular for dog off-leash – and on-leash for that matter – and the threat of dangerous dogs and what that means when they interact with the public means that we need our [team] out there educating the public so that we're not only ever responding to formal complaints. Once you do that, that's when you recognise that something's gone wrong – when actually in an ideal world, when we expand these dog off-leash areas, we would play a really important educational role there as well."

Dogs and cats are required by state law to be registered annually, and are also required to be microchipped and wear a council identification marker (a council-supplied registration tag) when outside their premises.

In April 2022, the City of Melbourne had 4750 registered dogs and 3740 registered cats.

New pet registrations increased from 894 in 2019 to 1260 in 2020 before surging again in 2021 with 1528 new registrations.

The council, which has recently introduced

seven off-leash areas and a dog prohibited area, said this highlighted a "clear upward trend".

## What locals are saying about pets:

- 74 per cent of respondents feel it's fairly important or very important (59 per cent) for dog waste bags to be provided to owners
- 68 per cent of respondents felt it was important for there to be a greyhound off-leash area
- 57 per cent of respondents would like more promotion relating to dog leashing rules and responsibilities
- 51 per cent of respondents stated it is fairly important or very important that dog training events continue
- 50 per cent of respondents felt it was important for officers to be present at community events
- 33 per cent of respondents stated they "always" or "very often" observe dogs off-leash where they shouldn't be, and dog waste not being picked up.
- 19 per cent of respondents stated they very often or always see cats in the street at night
- 10 per cent of respondents stated dogs annoy or intimidate people or other dogs

(Based on a City of Melbourne survey of 465 people in May 2022) ●



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# Labor candidate begins campaign to claw back Melbourne from Greens

WORDS BY *David Schout*  
POLITICS

Kensington resident and former journalist Rebecca Thistleton will attempt to unseat Greens incumbent Ellen Sandell and wrestle the seat of Melbourne back into Labor hands at the November state election.

A public servant who also served as a media advisor for recently retired planning minister Richard Wynne, Ms Thistleton was Labor's sole pre-selection nominee for Melbourne.

The seat has been held by The Greens since 2014 when the party prevailed in the electorate for the first time, before narrowly holding onto the seat in 2018 when Ms Sandell secured a second term.

The Greens now gunning for a third, Labor candidate Ms Thistleton has been tasked with shaking things up.

The 37-year-old began campaigning in July ahead of the November 26 election and said a number of issues had emerged in door-knocking and speaking with locals on the street.



▲ Labor's candidate for Melbourne, Rebecca Thistleton, with eldest child Tommy.

"The hospital and hospitality workers around the city feel like they'll be locked out of the rental market here or have to live with sub-standard conditions," she told *CBD News*.

"Labor's new rental standards and rule changes have made a big difference, such as allowing for 10-year leases and making it easier to rent with pets. But there is still more work to be done and more awareness of renters' rights and landlords' responsibilities."

Ms Thistleton said that the environment was another key issue heading into the election

and was adamant that electing a member for Melbourne who was part of the government in power could deliver tangible change.

"Without the effort from Victorian Labor, national emission reductions would be far less than they are," she said.

"The Greens have been sitting in the federal parliament and the state parliament all that time and have done nothing to help make that happen. You have to be in government. That's what I want to do for the voters of Melbourne."

The mother-of-two grew up in Goulburn, NSW, and studied journalism in Canberra before moving to Melbourne in 2009.

After working as a property journalist at the *Australian Financial Review*, in 2015 she shifted to the other side of the media landscape to work as an advisor for Mr Wynne.

Since the start of 2020 she has worked for Cladding Safety Victoria, the government agency tasked with rectifying residential apartment buildings affected by high-risk combustible cladding.

Ms Thistleton credits her journalism days as crucial to her political outlook.

"[I was] looking at market drivers and how planning and building policies shape cities and development," she said.

"My reporting experiences brought me to this point because I've witnessed how people live their lives at the margins or are doing it tougher than they should be. How we live is changing and I want to be a strong voice in those changes."

Ms Thistleton said that, as a young mother, the decision to run in Melbourne was not an easy one but pledged to give everything to unseat what she claimed was an ineffective Greens party.

"I have two small kids, so I've had to think carefully, particularly as the underdog in the race. But no matter the result, I'll know I've worked as hard as I can to be the Member for Melbourne," she said. ●

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# IT ALL HAPPENS IN MELBOURNE

The city will come alive with an exciting calendar of new events from now until December

**A winter music spectacular and an alluring floral installation are among 18 activations set to delight Melbourne visitors in the coming months.**

This round of City Activation Grants will deliver more than \$800,000 to support exciting pop-ups, performances and events from now until December.

The \$1.75 million grant program by the City of Melbourne and Victorian Government will bring more people to the city to support local businesses, boosting foot traffic and spending.

Lord Mayor Sally Capp said Melbourne is renowned for its art, music and cultural offerings.

“We know Melburnians and visitors alike can’t get enough of the city’s spectacular array of pop-up activations and activities,” the Lord Mayor said.

“The City Activation Grants program will give people yet another reason to explore every corner of the city,

with pop-up salsa dancing, music jam sessions and video and augmented reality experiences among the line-up designed to entice people in.”

Events coming to the City of Melbourne in 2022 include:

**Winter Sessions** – bringing together emerging and established Melbourne musicians to create live music hubs at the Queen Victoria Market precinct, Lygon Street and Alexandra Gardens in August.

**Creek Chat** – a sound-based public art intervention amplifying the underground waterway Williams Creek in the CBD, acknowledging the journey the creek has been through on Wurundjeri Land.

**The Greenhouse Conservatory** – converting the waterside precinct in Docklands into a floral wonderland with spring-themed street art installations and projections in September.

**Dock Your Bike** – providing valet-style bike parking in Docklands, encouraging riders to make the most of the city sunshine in September.

**Salsa in the City** – dancing and live music jam sessions across the city from September to December, taking place at Queensbridge Square, Dukes Walk and Collins Landing.

**Remember the Wild** – an augmented reality experience of Melbourne’s past and future.

City Activation portfolio lead Councillor Roshena Campbell said events are the key to driving Melbourne’s recovery.

“We’re doing everything we can breathe new life into Melbourne as our business owners bounce back from the pandemic,” Cr Campbell said.

The City Activation Grants are part of the landmark \$100 million Melbourne City Recovery Fund – a partnership between the City of Melbourne and the Victorian Government to stimulate the economy and bring the city to life.

To stay up-to-date with events and activities in the City of Melbourne, visit [whatson.melbourne.vic.gov.au](http://whatson.melbourne.vic.gov.au)

## IN BRIEF

### ARTPLAY IN SEPTEMBER

There’s an abundance of arts experiences for children to explore year-round at ArtPlay at Birrarung Marr. Bring along your little ones and get ready to craft and play, with creative workshops and interactive exhibitions.

Visit [melbourne.vic.gov.au/artplay](http://melbourne.vic.gov.au/artplay)

### HOMELESSNESS AND FOOD SUPPORT

Everyone deserves access to safe and affordable housing and food. If you or someone you know is experiencing homelessness or food insecurity, check out some of the ways we’re here to support.

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### RETURN OF FRUIT AND VEG TRADERS TO A AND B SHEDS AT QUEEN VICTORIA MARKET

We’ve wrapped up the latest stage of restoration works on the heritage sheds at Queen Victoria Market, which means your favourite fruit and veg traders have returned to their original stalls in the A and B Sheds.

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## TELL US ABOUT YOUR NEIGHBOURHOOD PRIORITIES

**Our city is a dynamic place made up of 10 unique neighbourhoods – Carlton, Parkville, East Melbourne, West Melbourne, North Melbourne, Kensington, Docklands, South Yarra, Southbank and the CBD Hoddle Grid – and each have their own needs, services and priorities.**

In 2021, we began working with a new neighbourhood model, focusing on listening to you to help us plan our services and activities. We asked for your feedback to identify your neighbourhood priorities. Using your feedback, we are developing new digital Neighbourhood Portals that will act as interactive one-stop-shops for everything happening in your neighbourhood.

Our first two portals – for the CBD and Kensington – are already online. We’re now conducting the second round of community consultations for Carlton, Parkville, East Melbourne, West Melbourne, North Melbourne, Docklands, South Yarra and Southbank.

We want to speak to a diverse cross-section of the community, including residents, businesses, students, visitors and workers – to share the draft neighbourhood priorities identified by community members and to find out if there is anything missing.

This feedback will help us ensure the Neighbourhood Portals will serve your needs and that we have identified the priorities for your community.

To learn about what you’ve told us so far and to have your say, visit [participate.melbourne.vic.gov.au/participate-neighbourhoods](http://participate.melbourne.vic.gov.au/participate-neighbourhoods)



## MELBOURNE GREETER SERVICE RETURNS

**Discover what locals love about Melbourne by taking a free walking orientation of the city, conducted by our enthusiastic volunteers.**

We’re pleased to announce that from 19 September, the Melbourne Greeter Service will resume, offering free two to four-hour orientations of the city.

The service is offered by passionate, trained volunteers who are keen to share their local knowledge of

Melbourne. Orientations in languages other than English are also available including French, German, Greek, Indonesian, Italian, Mandarin and Vietnamese.

To explore the delights of our great city on foot, book in for one of the daily 10am orientations that start at the Melbourne Visitor Hub at Town Hall.

Bookings are essential.

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# How one zine that shares lived experiences is helping homeless people with what they *Need to Know*

WORDS BY *Kaylah-Joelle Baker*  
 PHOTOGRAPHY BY *Murray Enders*  
 COMMUNITY

Not-for-profit health agency Cohealth and the City of Melbourne have joined forces for a unique project that will help support people with current and past experiences of homelessness.

The project will involve the writing and distribution of a zine called *Need to Know*, which will be centred around providing both advice and information about services for people living on the streets.

Zines are small self-published works of text and images that are photocopied to make a limited number of physical prints.

Within the editorial committee of eight who meet fortnightly at the Kathleen Syme Library in Carlton, where they are provided with free printing and a space, are Cohealth peer workers with lived experiences of homelessness.

One of the Cohealth peer workers now assisting with leading the zine is Caitlin Gough, who is using her personal story and experience of when she became homeless during the pandemic to help others share their story.

"You can't learn what we know, you have to live it. It's coming from the inside, it's not the outside speaking in," Ms Gough said.

Currently living in temporary accommodation, Ms Gough said she was "proud" to be sharing her experience through the zine, despite still finding it tough.

The zine includes advice on how to get a vaccination certificate if you don't have a phone, updated lists of food, shower and laundry services, and will soon share articles about going through



rehab and caring for your pet while homeless.

While already seeing its positive impact following a demand for an increase in copies to be printed, Cohealth peer worker and *Need to Know* editor Spike Chiappalon said "the process is as important, if not more, than the outcome".

"There's also the psychosocial aspect [for the members] of hanging out with other people with a shared experience and having a common goal," Mr Chiappalon said.

"We decide collectively what will be in each edition, then we all go away and do research, talk with people, and share our findings. Everyone is involved every step of the way with writing, researching, printing, and deciding where to distribute."

Through the project, the City of Melbourne's Kathleen Syme Library has also been able to provide upskilling opportunities through

graphic design tutorials and digital literacy support.

But more importantly, Mr Chiappalon said the opening of the library's doors through the project has also helped break stereotypes that are often associated with people experiencing homelessness.

"There's a myth that homeless people are lazy or criminals, and that stereotype leads to people withdrawing from social participation, or even from occupying public spaces that they are entitled to, like libraries," Mr Chiappalon said.

To further break the stigma and encourage homeless people to feel comfortable going into libraries and accessing resources, the 300 hard copies of the bi-monthly *Need to Know* editions can be collected from Melbourne Town Hall, community centres, youth spaces and City of Melbourne libraries.

“

*There's a myth that homeless people are lazy or criminals, and that stereotype leads to people withdrawing from social participation, or even from occupying public spaces that they are entitled to, like libraries*

”

"We're doing everything we can to ensure our libraries are a welcoming and inclusive place for everyone in our community – no matter their circumstances," Lord Mayor Sally Capp said.

"Melbourne is a caring city, and we believe everyone deserves access to vital services and safe spaces to connect with others.

"We're proud to support Cohealth's *Need to Know* zine initiative by providing a safe space for its contributors to share their stories and experiences." ●



*Kaylah-Joelle Baker*  
 JOURNALIST  
 KAYLAH@HYPERLOCALNEWS.COM.AU

## Carlton Inc. plans a mix of new and old

WORDS BY *Carol Saffer*  
 BUSINESS

Carlton business district traders' association Carlton Inc. recently released its event strategy for the 2023 financial year.

The association of local businesses connects with the City of Melbourne and its various governing bodies to help shape Carlton's future and showcase its best features, including arts, food, fashion, and events.

Carlton Inc. executive officer Phillip Mansour said now the dates for the Formula 1 Australian Grand Prix 2023 were confirmed, it had finalised a three-year commitment to host the Formula 1 Live Fast Festival Grand Prix events.

"Carlton has an automotive DNA; we are planning for a crowd of around 10,000," Mr Mansour said.

"We will work with the Victoria Police and the TAC to promote safe driving."

"We are not looking at promoting



unsafe driving; we understand many people have shared memories of cars in Carlton."

The Kingpins Kustoms Christmas toy run will again see Lygon St, from Elgin to Queensberry streets, taken over by classic cars like the Ford GT, the Holden Monaro, and hot rods.

"We will have a massive truck to fill with Christmas gifts for a yet-to-be-chosen charity,



and all the traders will be open from breakfast time as this event kicks off early," Mr Mansour said.

Carlton Inc. board member Sam Adigarati is very passionate about the Waiters Race and is thrilled the Melbourne Fringe Festival is bringing it back in December when the festival celebrates 40 years.

Mr Mansour said Lygon St would also be closed for the Fringe Festival in October, with an anticipated crowd of 20,000 enjoying the Waiters Race and the entire program.

A new one-day event in December, Carnival of Treasures organised by Casa Cultura, will see the streets of Carlton used as an interactive treasure hunt map culminating with a carnival in Lincoln Square.

Other activities are in the pipeline, with an activation planned for the Argyle Piazza highlighting women's fashion during Melbourne Fashion Week.

Mr Mansour keeps closed lips on the return of Moonlight Cinema held in the warmer months.

"We have run the cinema for two years, so we are thinking maybe it's time to mix things up," he said.

"We have some alternative ideas that we are currently working on; stay tuned."

"We try to attract families to the precinct and new visitors. Its additional revenue from the people who don't normally come to Carlton." ●

# ELLEN SANDELL

## GREENS STATE MP FOR MELBOURNE

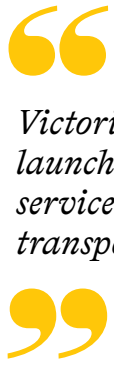
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Authorised by E. Sandell, 146 Peel St, North Melbourne.

# Commuters report unacceptable behaviour by text



Victoria Police have launched STOPIT, a texting service to help protect public transport passengers.

WORDS BY *Carol Saffer*  
SAFETY & SECURITY

Commuters can save the number 0499 455 455 onto their mobile phone and text STOPIT if they experience other people's actions that make them feel uncomfortable or threatened. It is available on trains and is due for rollout onto trams and buses in late August.

The texting service allows people to inform police discreetly if they are in a difficult situation.

Victoria Police Superintendent Alison Boyes said information from text notifications would help police identify and hold perpetrators to account.

"Victoria Police can then determine where to deploy members and tackle recidivist offending," Superintendent Boyes said.

Users of the service will be able to notify police about six types of conduct, comprising unwanted sexual advances, suspicious activities, threatening and offensive actions, obscene and racist language, drug- and alcohol-related incidents, graffiti and property damage.

After texting, the person will receive a link to a digital form to submit details of the incident, including the time, date, location and public



transport carriage number. A photograph of the perpetrator can be submitted if it is safe.

A dedicated team of transit police will receive the information for further investigation.

*Inner City News* spoke to commuters at the Swanston St tram stop by the Sydney Myer Asia Centre in Parkville.

Sangita, 29, a regular commuter, said she had experienced unwanted behaviour on a tram. "There was a man on the tram yelling at everyone; if I had been on my own, yes, I would have used this new texting service," she said. She went on to say she did not travel on public transport at night.

Luna, 20, a student at the University of Melbourne who uses the tram daily, said she would also use the STOPIT app if she felt

uncomfortable because of another passenger's actions or comments. She was unaware of the app; however, Luna said, "it seems like a good idea."

Ming, 21, said, "STOPIT was a good idea", and she might use it when travelling after work.

Victoria Police points out that STOPIT is not monitored live.

Anyone requiring an immediate police response in an emergency is advised to phone Triple Zero (000).

Superintendent Boyes said Victoria Police research shows people who were subjected to unwanted sexual behaviour or witnessed it often did not report it at the time out of safety concerns or because they didn't know how to make a complaint.

"There can also be confusion about whether unwelcome behaviour is a criminal offence, but Victoria Police stresses it wants to hear about any behaviour which makes a person feel uncomfortable, frightened or threatened," she said.

"Years of research and dedication have gone into creating this service to ensure it's accessible to anyone, anytime."

"Any situation which makes someone feel unsafe or uncomfortable is not okay."

"We want to hear about people's experiences to help make the network a safe place for everyone."

"A similar service has operated in the UK for several years and is credited with empowering victims and bystanders to come forward."

Victoria Police worked with the Department of Transport, public transport operators, the Public Transport Users Association and women's advocacy groups to develop STOPIT. The service is available in 13 languages. ●



**For more information:**  
[police.vic.gov.au/stopit](http://police.vic.gov.au/stopit)



## Lighting upgrades take shape at Fitzroy Gardens, but experts say it may not improve safety

*Continued from page 1.*

that lighting should be minimal, low, and focused on pathways to also avoid impacts on the health of people, and the ecology.

City of Melbourne resident B. McNicholas and convenor of Planet Ark National Tree Day, Nature Care, Heritage and Lighting Expert Panels and events, said she agreed with Dr Clark and Assoc Prof Cain, saying, "indeed you are less safe with more lighting as you are deceived emotionally, personally, in thinking you are safe, when you are not".

The East Melbourne Group said the issue of safety in parks was raised during a safety summit hosted by the City of Melbourne in August, with the suggestion that lighting "will provide a safer environment".

Lighting upgrades and CCTV were some of the considerations along with greater police patrols were discussed at the meeting. ●

## Copper theft in East Melbourne

WORDS BY *Brendan Rees*  
CRIME

Police are appealing to the public after \$20,000 worth of copper was stolen from a building site in East Melbourne on July 20.

It is believed two drums of copper were stolen from the construction site on Victoria Parade at around 2.15am.

Melbourne Tasking Unit officers have been told two men attended the site in an older model Ford ute and allegedly stole the drums before fleeing towards Melbourne West.

Police have released CCTV and images of two men and a ute that may be able to assist with their enquiries.

Officers are keen to speak to any witnesses or anyone with dashcam or CCTV footage.

Anyone with information is urged to contact Crime Stoppers on 1800 333 000 or online at [crimestoppersvic.com.au](http://crimestoppersvic.com.au). ●



## Five arrested after pair assaulted in Carlton

WORDS BY *Brendan Rees*  
CRIME

Five men have been arrested after two men were allegedly assaulted and threatened with knives in Carlton on August 22.

Police attended the incident which happened at Lygon St at around 11pm. Neither victim was injured.

According to police, the five men involved in the alleged assault fled the scene in a car – which was later found at the intersection of Dryburgh St and Arden St in North Melbourne a short time later.

The five men, a 26-year-old Tarneit man, a 24-year-old Footscray man, a Collingwood man aged 20, a Dandenong North man aged 20 and a 23-year-old Fitzroy man, were arrested.

They have been speaking with police to assist their enquiries.

Victoria Police has launched a new operation targeting public order, road, and vehicle-related crime on weekends in Carlton on the back of safety concerns raised by the community.

It follows a string of incidents including a teenager being taken to hospital after allegedly being stabbed outside an ice-cream shop in May in Lygon St – which sparked calls from the community for "immediate action".

Business owners, however, have noted a stronger police presence in the area through Victoria Police's Operation Velocita, which began in July – though there are still calls from the community to have CCTV installed in the neighbourhood.

The City of Melbourne's 2022-23 budget will see \$5.4 million spent on city cleaning and safety including a continued focus on upgrading the safe city camera fibre network and running the digital radio system to enhance city surveillance. ●




### Wax Museum Records

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# The festival putting children’s emotional resilience and wellbeing first

WORDS BY *Kaylah-Joelle Baker*  
ARTS & CULTURE

As a response to the lasting impact of the pandemic on children’s mental health and wellbeing, The Big Anxiety Festival’s Children’s Sensorium program is confronting the issue head on.

The Melbourne Naarm cultural festival is a partnership between RMIT University and UNSW Sydney, and is being collaboratively produced by RMIT Culture and Yarra Ranges Council.

While the Naarm festival officially starts on September 21 with a long list of events designed to promote curiosity, insight and action through the sharing of lived experiences, the Children’s Sensorium started on August 19 in RMIT’s Design Hub Gallery.

Children’s Sensorium curator Grace McQuilten has seen the impact of the pandemic on children first-hand through her own daughter’s experience, and she said while the issue was becoming more recognised, many families were still suffering.

“There is some pretty strong evidence showing the significant impacts of lockdown, school closures and a menacing virus circulating on young children and their sense of wellbeing and safety in the world,” Ms McQuilten said.

“It probably manifests for a lot of families in behavioural issues from their children because mental health issues aren’t always picked up or obvious.”

Reflecting on psychologists’ and support services’ long waiting lists as motivation for having a children-focused program at the festival, Ms McQuilten said the program was a positive and upbeat experience for the children.

“We have worked with a group of contemporary artists to create a space for children where they can connect with their senses, explore their feelings in a safe environment and learn some basic strategies around mindfulness, being in the body, deep breathing and regulating their emotions,” she said.



▲ Children’s Sensorium Art Magic Remnant by Hiromi Tango, photo by Dean Beletich and image courtesy of the artist and Sullivan+Strumpf. (Photo of kids) – credit Fu Xueying.



“Art in itself, and of itself, is a fantastic way for kids to process complex feelings and experiences.”

Within the Sensorium there will be things for kids to touch, smell, look at and listen to, all of which are there to encourage them to be in the present moment.

Artistic direction was also received from Boonwurrung elder N’arweet Carolyn Briggs, through a soundscape with audio from nature, water and stories, and teaches kids how connecting to country is an important aspect of wellbeing.

Kids have also been involved through the production of the program, with a co-design aspect visible in displays of their artwork.

The Children’s Sensorium is particularly suited on children between the ages of four and 11, but the positive impact of art on mental health through this sensory experience can also be beneficial for older kids and adults.

Using creative responses that stretch beyond the medical or clinical model, the festival’s co-directors Scientia Professor Jill Bennett (UNSW Sydney) and Professor Renata Kokanović (RMIT University) aim to reposition mental health as a collective community-based cultural responsibility.

According to Scientia Professor Bennett, “arts are the best means we have for sharing complex experiences.”

“[Arts] is a pathway that can show us what we may not know about ourselves and others, and it also shines a light on relationships and social settings that help or hinder mental health,” she said.

“We have seen evidence that the arts can make real and meaningful transformations and change.”

The Big Anxiety will run until October 15 and coincides with National Mental Health Month. ●

For more information:  
[thebiganxiety.org](http://thebiganxiety.org)

## East Melbourne residents air vehement concerns at public council meeting

WORDS BY *Carol Saffer*  
COUNCIL AFFAIRS

City of Melbourne councillors have engaged with residents in the council’s first community-held Future Melbourne Committee (FMC) meeting in East Melbourne on August 16.

The Pullman Melbourne on the Park was the venue for the meeting, the latest held away from Melbourne Town Hall and open to the public.

These community-focused meetings are designed to keep residents informed about what is happening in their area and give them a chance to raise questions.

Among the 50 attendees at the meeting was James Bartolo who spoke of his emotional concern for the residents living close to the Comfort Hotel and City Edge Apartments, in which he said, “the council starts an investigation but quickly closes the case with no solution or attempt to resolve the issue at hand. Does it take a death before a solution is activated?”

He went on to say, “we are now desperate with elderly residents not feeling safe in their own homes which they have owned and resided in for over 30 years.”

The council’s health, wellbeing and belonging portfolio lead Cr Dr Olivia Ball responded, “[an appropriate council officer] will make contact with you to ensure we clearly understand your concerns, and we will engage the appropriate area to respond.”

Resident Therese Donato’s written question read, “Is there the possibility of providing/installing public amenities in the grounds surrounding the MCG to prevent people attending major events from urinating in surrounding neighbouring streets once they leave the ground?”

As the Melbourne Cricket Club Trust manages Yarra Park, the council will forward Ms Donato’s concern, and Lord Mayor Sally Capp said she would follow up by exploring what better

“

*We are now desperate with elderly residents not feeling safe in their own homes which they have owned and resided in for over 30 years.*

”

solutions to manage the issue could be raised.

Ian Mitchell of the East Melbourne Group questioned the council’s representation at the upcoming Victorian Civil and Administrative Tribunal (VCAT) hearing regarding its approval for developing the Magnolia Court Hotel.

“I think it would be useful for us to know the council’s strength of conviction and what we will be fighting at VCAT,” he said.

“In other words, we would like to know whether the council is going to have QCs et cetera presenting the case which has occurred in the past.”

Lord Mayor Sally Capp advised that a meeting would be set up to share the appropriate information before the VCAT date in October.

Cr Capp acknowledged the recent passing of Melbourne identities Olivia Newton-John, Archie Roach and Judith Durham, saying “it’s artists like Olivia, Archie and Judith who draw thousands of people into our great city for electrifying performances. They told the story of who we are as Australians, and we are grateful for their lifetime work and legacy.” ●

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INNER CITY NEWS



# Paddy's Gallery opens at Trades Hall



*The Victorian Trades Hall, located on the corner of Lygon and Victoria streets in Carlton, is the world's oldest trade union building.*



WORDS BY *Carol Saffer*  
ARTS & CULTURE

Recently, the magnificent structure has opened its doors to various cultural events such as theatre productions, art exhibitions, plays, and concerts focusing on political and on-the-edge performances.

On Sunday, August 21, an art gallery in honour of Paddy Garritty for worker-focused art, and a platform for emerging artists of diverse backgrounds, was officially opened at the Trades Hall.

Paddy Garritty was a seaman, a painter and docker, the secretary of the Unemployed Workers Union, a trade union activist, and a well-known arts promoter who passed away in August 2020, aged 83.

Inspired by the fact that the Trades Hall was once an art school that nurtured the likes of Frederick McCubbin and Tom Roberts, Garritty blazed a trail that saw the people's palace once again open up to Melbourne's workers and creatives.

He started a bar on-site and forged relationships with the Melbourne Comedy Festival and the Fringe Festival, which enshrined the Trades Hall as one of Melbourne's most beloved arts venues.

Victorian Trades Hall Council secretary Luke Hilakari said, "Paddy Garritty was instrumental in keeping Trades Hall's link with the arts alive, and this gallery will operate in that tradition."

"By having a dedicated art space in the building, we hope this will be where opportunities



are given to emerging artists to display their works."

*Cultural Heyday: Trades Hall Arts 1970-2000*, the opening exhibition in Paddy's Gallery, features artists such as Rick Amor, Mary Leunig and Geoff Hogg.

In the long rectangular gallery space along one wall, Rick Amor's *Westgate Series* of lithographs and charcoal on paper depict stark images of the workers and the bridge.

Opposite in complete contrast is a superb collection of Mary Leunig cartoons. She is a founding member of the Victorian Trades Hall Artists Studio and produced artworks for Wally Curran and the Meat Workers Union. Her gouache and ink-on-paper illustrations are whimsical and yet poignant in their message.

"We worked closely with Mary Price, Paddy's partner, to create this gallery at Trades Hall, where workers have come together since 1891," Mr Hilakari said.

Geoff Hogg's started the Victorian Trades Hall Council Arts Workshop in 1981, which was responsible for producing a series of union banners.



Step over the gallery's threshold, and on the left is a digital reproduction of the Slaters, Tilers and Roofing Industry Union of Victoria's



banner. The original banner is oil on linen.

There is a small collection of photographs, artist unknown, from a joint initiative between the Australian Council of the Arts and the Australian Council of Trade Unions, known as the Art and Working Life Program, that ran from the early 1980s to the 1990s.

"Working people should have a place to learn and express themselves through art. We are pleased that this gallery continues this tradition," Mr Hilakari said. ●

# Seven country kids get a taste of Melbourne

WORDS BY *Carol Saffer*  
ARTS & CULTURE

Edi (pronounced ee-dye) Upper Primary School sits in the hills of King Valley, 45 minutes away from Wangaratta and three hours by train from Melbourne.

There is no township, just a cluster of mostly dairy and beef farms.

The school has seven students; all taught in one room.

Of the seven students, three are six-year-old Preps, Nate, Judd and Jackson; Samuel is eight in Grade 2; Jessica is nearly nine in Grade 3, 10-year-old Edward in Grade 4 and 12-year-old Hope is in Grade 6.

The seven pupils, teaching principal Clair Bradbury, and two education support staff spent four days at the Urban Camp in Parkville with the assistance of the Victorian Government's Positive Start Program.

Ms Bradbury said the program was the only way they could afford the camp.

"Rural schools are penalised at times because we are so small; most camps will take a minimum of 15 kids," she said.

Fortunately, Urban Camp accommodated the Edi Upper group alongside another school group of 86 Year 6 students.

Urban Camp CEO Daniel Whykes said the organisation prided itself on providing opportunities for rural schools, whether small or large.

"Often, schools would find it is challenging to arrange affordable accommodation options; that's where Urban Camp steps in," Mr Whykes said.



▲ Edi Upper Primary School students in DreamCity TV studio.

Photography by TeamCreative.

Ms Bradbury said, "two of the three Prep kids had never spent a night away from home."

"Going on camp no matter where it is and being away from their familiar surroundings gives our kids the opportunity to experience a whole variety of new encounters," Ms Bradbury said.

The Edi Upper group visited places like the Melbourne Museum, Melbourne Zoo, ACMI and more during the four-day camp.

Mr Whykes said he was lucky enough to be with the kids on a number of their activities.

"It was great to see them take it all in; they would not have had this chance if it wasn't for the Positive Start Program."

"When we arrived at the Melbourne Museum, out of the seven kids, only one had been on an escalator; the rest were terrified," Ms Bradbury said.

A highlight of their stay was visiting Dream City, an edutainment venue for kids.

Located at DFO South Wharf, Dream City is designed for school-aged children to have an opportunity to experience the careers of the future utilising the latest industry-standard technology.

Its general manager Michelle Hortle said, "we provide a fun and interactive way to learn, with an engaging, hands-on experience for young

people to explore their futures in the STEM fields."

"One of the students asked if we had a farming pod; this is interesting in terms of how technology has and will continue to evolve in industries such as farming."

They practised being robotic engineers for one session, doctors in a hospital nursery, and airline pilots using the simulators in a plane fuselage.

"Creating their television show was their favourite experience," Ms Bradbury said.

"Our special needs kid was the boom operator, one of the prep kids was the camera operator, and three were presenters."

"Jessica and Hope, who chose to be the producers, said working behind the scenes was hard getting everyone to do their work properly."

The average group size at Dream City is 50 to 60 students.

Sara, the dream leader at the TV studio, said the Edi Upper group differed from the kids from metro Melbourne.

"They were like little sponges; it was refreshing to see the genuine excitement in their eyes; everything was new and exciting," she said. ●

Watch the show:



# Threatened grasshopper jumps into new habitat

WORDS BY *Carol Saffer*  
ENVIRONMENT

The Matchstick Grasshopper is an example of a “morabine” grasshopper, an Australian family of flightless grasshoppers found nowhere else in the world.

Until Wednesday, August 10, they were extinct in the City of Melbourne and most parts of the Australian continent.

The City of Melbourne partnered with the University of Melbourne to restore the local population of Matchstick Grasshoppers by releasing hundreds of them in Parkville’s Royal Park.

The remainder of the three thousand matchstick grasshoppers collected by researchers will be reintroduced to suitable new habitats in Melbourne, including Burnley and the Bayside area, as part of a pilot project addressing the biodiversity emergency.

The Matchstick Grasshopper Renaturing project is led by The University of Melbourne and supported by the City of Melbourne.

The University of Melbourne Biosciences Professor Michael Kearney said, “Matchstick grasshoppers were a major focus of evolutionary research at The University of Melbourne in the 1960s.”

“We have been able to build on this past work to help save these grasshoppers from extinction around Melbourne.”

These little critters have not had an easy life.

Once found in an area covering nearly 16,000 square kilometres, in 2019 it was established the Matchstick Grasshopper then occupied only 68 square kilometres; a loss of 96 per cent of its range.



▲ Lord Mayor Sally Capp with Professor Michael Kearney.

Some of this is its own fault. As a flightless insect, it doesn’t go very far, a couple of metres if lucky, during its lifecycle.

So, it gets trapped in small, ever-diminished patches based on its favourite food, everlasting daisy and native grasses.

The Matchstick Grasshopper is trapped



when land clearing causes the loss of its habitat.

Destined to live in small, inbred populations makes it highly susceptible to local extinction if a fire or other catastrophes affect their habitats.

To make matters worse, if that is possible, instead of spending the winter as an egg underground like other grasshoppers, the Matchstick Grasshopper can be found as an immature grasshopper (a nymph) above ground.

A dangerous, life-threatening place when winter control burns occur regularly.

Professor Michael Kearney said, “Before European settlement, these grasshoppers would have been common and widespread in the grassy areas of Melbourne that the Wurundjeri

Willam managed with fire.”

“It’s great to be able to renature Royal Park this way,” he said.

Insects like grasshoppers play an essential role in maintaining a healthy ecosystem and are an abundant food source for larger animals such as praying mantis, lizards, and birds.

The University of Melbourne Chair of Ecological Genetics, Biosciences, Professor Ary Hoffmann, said, “the Matchstick Grasshopper represents a uniquely Australian species that has been a part of Melbourne’s natural environment for hundreds of thousands of years.”

“It’s exciting to see these harmless and charismatic insects returned to the city as the Council recreates new natural environments that can support them,” Professor Hoffman said.

“We look forward to these introductions being the start of a process to restore many other invertebrates that formerly called the city home.”

The project brings together researchers, scientists, community groups and land managers to support biodiversity.

Community planting days created the grasshoppers’ new habitat sites.

The collaborative approach facilitates longer-term testing and adaptive management through experimental plots designed as public amenities with aesthetics and park function in mind.

Lord Mayor Sally Capp said protecting and enhancing locally endangered creatures in our ecosystem could not be more important.

“We are proud to be working with the University of Melbourne to reintroduce Matchstick Grasshoppers to our wonderful city,” Cr Capp said. “We’re calling on Melburnians to look out for these tiny creepy crawlies and become citizen scientists to help us gather information to protect and restore their population.” ●

## Now’s the time to speak up

WORDS BY *Rhonda Dredge*  
COMMUNITY

A cover over the barbecue area at Powlett Reserve is high on the wish list generated so far by the City of Melbourne’s consultation with East Melbourne residents.

But many feel that the suburb can’t be improved and want it to stay a haven.

Other ideas such as more shops are not popular, as was the recent move to mark in bicycle lanes.

“If you wanted more shops, you wouldn’t buy a house in East Melbourne,” a resident of Grey St told *Inner City News*. “There are plenty of shops across the road in Richmond.”

The City of Melbourne has at least got residents thinking about their suburb with its Participate Melbourne consultations.

Previously residents were being urged to share their thoughts on the website, but the council won over a few when an officer entered their turf on August 20.

“On Saturday morning she was at the George St café. There was free coffee, and she gave us the opportunity to talk,” said Susan Henderson, a resident of Grey St for 27 years. “It worked



▲ The Powlett Reserve barbecue area after rain.

well. That’s where we go.”

“This is the first time I’ve seen them actually reaching out to us instead of ticking the consultation box.”

Ms Henderson lives opposite the Powlett Reserve and although any change is contentious in East Melbourne, she’s in favour of a covered barbecue area.

“There’s nowhere to go under cover. It would certainly add to the area,” she said.

“Young families use the barbecues all the time. They’re next to the playground.”

Other items on the wish list are exercise equipment and a traders’ association but some in East Melbourne see them as inconclusive because the surveys don’t include a representative sample.

Many feel they need to protect the heritage of the area from change rather than introduce it.

“It’s a nice area,” a resident of Simpson St told *Inner City News*. “I like that it’s really quiet and quaint. It’s a little oasis. We’ve got awesome shops. To me it’s enough.”

“People don’t want change, they want to keep it the way it is.”

The next meeting will be at the Yarra Dog Park on September 2 and residents are urged to share their thoughts on the website by September 4. ●

# ADAM BANDT

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Your City of Melbourne community update

# CARLTON SHINES IN SMALL BUSINESS AWARDS

## Treat yourself to sleek Scandinavian homewares and sustainable knits brought to you by Carlton businesses honoured in the Lord Mayor's Small Business Awards.

MAKE Designed Objects and Knovus were finalists in the Small Business of the Year Award.

Every beautiful product on the shelves at MAKE Designed Objects at 194 Elgin Street must earn its place amid the other thoughtfully designed homewares, clothing and accessories.

To be selected by MAKE, owner Patrick Coppel said a product must first be considered 'good'.

'A MAKE product must perform well when considered for its design appeal - both aesthetically and theoretically, its environmental soundness, its

durability, its necessity and, in some cases, its humour,' Patrick said.

While MAKE selects many products from Denmark and Finland, reflecting the region's strong design culture, it also showcases a good range of items from exceptional Australian designers and makers.

Since 2003, MAKE has infused good design into homes in Melbourne and beyond. Some items are so beautiful they're even held in galleries and private collections worldwide.

While MAKE's two-storey terrace shop is a Carlton institution with close community connections, Patrick has also built a loyal following online.

'Our website currently includes around 4000 products from over 150 brands - the work of over 300

different designers. We'd like it to be the best design store site in the world.'

Over at 90 Grattan Street, Knovus is doing impressive work at the nexus of design, innovation and manufacturing.

Investing in the latest zero-waste knit technology, Knovus has explored, researched and developed sustainable knitwear manufacturing processes since 1999.

The crew also prototypes technology and helps other businesses get to market quickly and effectively.

'I enjoy coming up with innovative solutions for a wide range of knit products including medical device components, furniture and sports accessories, and of course fashion,' said owner Patricia Chircop.

'The knitted products exemplify the current era of zero waste innovation, using the latest in digital knit technology and knitwear manufacturing processes.'

Knovus is also dedicated to sharing its decades of experience with others, offering tailored workshops to improve knit knowledge and efficiency.

The Small Business of the Year Award recognises excellence in sustainability, innovation and customer care.

This year's overall winner, graphic design studio Grafico Group, also had its start in Carlton, before moving to North Melbourne.

To learn more about Grafico Group and other inspiring city businesses recognised in the Lord Mayor's Small Business Awards, visit [magazine.melbourne.vic.gov.au/city-news](http://magazine.melbourne.vic.gov.au/city-news)



Patricia Chircop from Knovus



Patrick Coppel from MAKE Designed Objects

## ABOUT THE LORD MAYOR'S SMALL BUSINESS AWARDS

Melbourne is full of fantastic small business success stories.

We celebrate the people behind inner-city businesses that have stood the test of time with our Lord Mayor's Small Business Achievement Awards, previously known as the Lord Mayor's Commendations.

Among the recipients are legends who have been in business in the city for 10+, 20+ and 40+ years. We also name a Small Business of the Year - the latest winner is sleek North Melbourne design studio Grafico Group.

You can learn more about all the amazing businesses we've honoured over the years at [melbourne.vic.gov.au/smallbusinessawards](http://melbourne.vic.gov.au/smallbusinessawards)

## KEEP IN TOUCH

To stay connected with all the latest news from the City of Melbourne, follow us on social media and subscribe to *Melbourne* magazine online at [magazine.melbourne.vic.gov.au](http://magazine.melbourne.vic.gov.au)

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Tony Pierrakos

**INTONE PHOTOGRAPHY**

**Tony Pierrakos has visited the Queen Victoria Market since childhood, taking photos with his very first camera as a boy and eventually starting his own photography business.**

More than 20 years later, his images have shown Melbourne in all its moods - and Tony has received a Lord Mayor's Small Business Achievement Award.

His subject matter ranges from urban to regional, taking in the Yarra Birrarung river, the MCG and city laneways, as far afield as the Otways.

Customers arrive from all over the world. 'One of the best parts of my job is meeting all the great customers. They just want something

to remember Melbourne by. When you get someone from Paris saying how much they love Melbourne, that's a special thing to hear.'

Composing scenes over the decades, he's seen numerous changes in the city he knows so well. Even during the pandemic he found a way to keep an idea alive.

His book *STILL Melbourne* is a collection of photos taken during the lockdowns. Finding the beauty in the empty streets he keeps the city's spirit alive.

Find Intone Photography at String Bean Alley (M Shed) at Queen Victoria Market.



Michael Cardamone of Amiconi Restaurant

**AMICONI RESTAURANT**

**Great food and even better service is the key to good hospitality, according to West Melbourne restaurateur Michael Cardamone.**

Tucked down the west end of Victoria Street, just a few minutes walk from Melbourne's iconic Queen Victoria Market, you'll find Amiconi Restaurant.

It's the go-to spot for locals and visitors alike - those craving fresh calamari, crumbed eggplant and a carefully-crafted, superbly seasoned bowl of pasta.

It's the spot with blissfully classic signage and where the walls are veiled with the faces of its smiley, loyal patrons.

This year marks 40 years of service from Michael, and we've recognised his efforts in this year's Lord Mayor Small Business Awards.

'Creating friendships and treating everyone as if they're a part of our family is at the heart of everything we do at Amiconi,' Michael said.

Amiconi Restaurant is at 359 Victoria Street in West Melbourne.



Dr Leila Zamani

**DR ZAMANI DENTAL PRACTICE**

**Feel cared for and walk away with a healthy smile after you visit dentist Dr Leila Zamani, who's been in business in Melbourne for 15 years.**

We've recognised Leila's lasting success with a Lord Mayor's Small Business Achievement Award.

'Dentistry is very rewarding: whether I am taking pain away from people, helping them to get over their fear, giving them nice teeth to smile with, or helping them to have their dental health back,' Leila said.

As a lover of sport, art galleries and cosmopolitan cities, Leila loves running a business in the heart of Melbourne.

'Coming from Iran, I was born and bred in a big city. I love the vibe of a busy city with people around,' she said.

'I'm hoping to stay in business for many years to come, to continue to look after city people.'

Dr Zamani Dental Practice is at Level 6, 488 Bourke Street in Melbourne.



Eileen Carney from American Rag

**AMERICAN RAG**

**Meet the woman who's been bringing vintage style to Melbourne streets for 30 years.**

It took some fancy footwork for Eileen Carney to secure a shopfront in the new Melbourne Central complex in the early 1990s.

People told her there was no market for second-hand clothes. And yet, having grown up in New Jersey where the vintage rag trade was emerging, Eileen trusted her instincts.

Vintage was coming to Melbourne, and she was just the person to bring it.

She lovingly stacked her tiny shopfront with America's finest vintage jeans, outlandish coats and party dresses.

It was an overnight success. American Rag branched out to the new

Southgate complex in 1994 and stayed for 28 years. American Rag in QV Melbourne has been a fan favourite for 14 years.

'I love everything in my shops. I love super-old glamorous vintage, old t-shirts, old denim, everything in between,' Eileen said.

She estimates that American Rag has imported and rehomed some 300 tonnes of quality vintage gear over the past three decades.

And she's still going strong. We recently recognised Eileen's lasting success with a Lord Mayor's Small Business Achievement Award.

Find American Rag at 15-17 QV Terrace in the QV Melbourne shopping centre.

## East Melbourne residents put heat on council over controversial guesthouse redevelopment

*The East Melbourne Group (EMG) residents' association has continued its fight to thwart any plans of a historic guesthouse from being redeveloped in their neighbourhood.*

WORDS BY *Brendan Rees*  
COUNCIL AFFAIRS



portfolio lead thanked Mr Mitchel for his question, and "noting the importance of the matter, advised that a meeting will be set up to share the appropriate information before the VCAT date in October."

"The Deputy Lord Mayor Nicholas Reece advised that he is happy, along with any other councillors who wish to, be part of the conversation ahead of the matter going to VCAT," the council meeting heard.

However, in a statement, the EMG said the council had "hastily convened" a meeting at the eleventh hour to explain their decision while quelling growing public anger.

"The process lacks basic standards of transparency and accountability and instead relies on secrecy and sham public consultation," the EMG said, adding Magnolia Court is "just the tipping point".

"Other residents' groups in the city are faced with the same planning dysfunctions, and are spending large amounts of their own money to fight similar bad decisions."

The EMG added residents were "livid with the CoM's decision" that "jeopardises the integrity of Melbourne's most iconic residential area."

Therefore, the EMG said East Melbourne residents were now actively considering organizing teal-style, grass-roots candidates to stand against the current council at the 2024 elections.

"They are extremely angry at the disrespect both the Lord Mayor and Deputy Lord Mayor have shown by ignoring wholesale the legitimate concerns detailed in nearly 100 resident objections in favour of a Singaporean developer," the EMG statement said.

In June, the EMG called for mandatory planning guidelines to provide greater transparency and accountability in the council's planning governance. ●

A \$4.5 million proposed redevelopment of the three-storey Magnolia Court guesthouse at 95-101 Powlett St was approved by councillors on April 12 despite attracting 100-plus objections.

It would see the building refurbished including a bigger restaurant and lobby area, while consisting of 37 guest rooms and be limited to 88 patrons.

But residents say it would be "major commercial expansion" and not appropriate for the area, citing increased noise and traffic concerns, as well as impacts to the neighbourhood's amenity.

The EMG confirmed it would appeal the council's decision at the Victorian Civil and Administrative Tribunal – but before that took place, the EMG put a series of questions to the council at its August 16 meeting, the first community-held Future Melbourne Committee meeting to be held in East Melbourne.

"Given the 100-plus objections to the proposed Magnolia Court Hotel in the middle of the residential area and the East Melbourne Group and neighbours presentation, how did you arrive at the decision to still approve the application which only benefits an international developer?" the EMG's president Ian Mitchell said.

He continued, "Do you believe it serves the East Melbourne community to have us now fighting the decision at VCAT? I think it would be useful for us to know the council's strength of conviction and what we will be fighting at VCAT."

He also questioned whether the council would have a Queen's Counsel to present their case during the VCAT hearing.

In response, Lord Mayor Sally Capp, and the city's transport, infrastructure and operations

## Carlton resident proud to launch her new photography book celebrating her community

WORDS BY *Brendan Rees*  
ARTS & CULTURE



▲ Carlton resident Margot Sharman launches her photography book *Eclectic Carlton* at Readings Carlton.

A Carlton resident and street photographer who gathered thousands of images capturing the "charming and diverse spirit" of her neighbourhood has celebrated her work in a new book.

Margot Sharman's *Eclectic Carlton* has been an eight-year project in the making which documented Carlton's "forgotten details, political statements, historic structures, and everything in between".

Margot said her understanding of her surroundings was always going to inform her art, but it wasn't until 2013, after an absence of several years from Carlton, that she was inspired to pick up her camera and capture a "community that was changing".

"[As] a resident of 30 years I have seen a lot of change, and yes love its spirit, its historic landmarks, its park, also the mark left by residents," she said.

Margot successfully launched *Eclectic Carlton* at Readings Carlton on July 28 with a crowd of more than 60 people present. Chris Keogh was MC for the night and Alison Stieven-Taylor discussed many aspects of the book with Margot.

Margot said photography had become an extension of her discoveries with most images having been captured in a "spontaneous manner" while walking regularly with her granddaughter and completing a fine arts degree at RMIT at the same time.

As she gathered more images, the concept of creating a self-published book developed, "then began the sorting and sifting to decide on a final number".

"All of the images and captions, and the very careful placement of them in the book, have all been well thought out so that the juxtaposing of the images tells a story of Carlton through my eyes."

Margot said the book, which contained "sometimes quirky and whimsical" images, was also a tangible record of a community.

"While we are inundated with images on social media, these can be deleted or disappear in an instant," she said.

"This book is a tangible record of a period of time to hold in our hands, as we touch and flick through the pages. Please enjoy the walk through the streets of Carlton with me." ●

## The unsettling undercurrents of Ann Cleeves

WORDS BY *Rhonda Dredge*  
ARTS & CULTURE



▲ Ann Cleeves talking at the Nova.

When Ann Cleeves was posted to a distant spot in the Shetland Islands with her husband, there was nothing to do while he was working.

"I'm not into birds so I started writing," she told a group of *Vera* fans recently.

"My first book killed off a bird watcher."

So began the remarkable career of an intrepid creator of detectives and author of 35 murder mysteries.

Vera, with her old mac, wellies and waxed bucket hat, is a mainstay for ABC viewers and the most famous of Cleeves' characters.

Cleeves was out here from England to promote the latest title in the series, *The Rising Tide*, to a rapt audience of fans at the Nova in Carlton just two days after her arrival in Australia.

"I always start with place," she told her fans. "I know where it [a book] will be set. It's rooted and grounded in earth."

*The Rising Tide* is set on Lindisfarne, a holy island set off the east coast of Northumberland which is regularly cut off by the tides.

A group of friends is meeting up there on a 50-year school reunion and one is killed. Plot sound familiar?

"Writers are all products of where we live ... views from the window," Ms Cleeves said. "Setting is going to be more than a pretty backdrop to action."

Ann was born in the Midlands. Her dad was a village teacher, and she was thrown into village life the hard way. There were no flush toilets or heaters.

North-east England is now her adopted home, bordered by the Northern Sea, the southern border and the Pennines.

"It's a beautifully defined patch. It's such an empty space. In Northumberland you still have tythe cottages."

This is Vera country and Ms Cleeves lives in Whitney Bay, a seaside town. Her husband recently died, and her old friends have become

important to her, hence the focus on them in her latest title.

She calls *The Rising Tide* her lockdown novel and it deals closely with the relationship between these old mates over time but it takes the arrival of Vera to really get them talking.

"I think about stories," Ms Cleeves said. "What I write is trying to understand what you think of the world. In Britain it's laughable. I thought I might write an angry book."

She thinks of Vera as a character born out of the war. "When the war ended quite a lot of single women decided to be spinsters. They were incredible single women."

She said she heard the voice of Brenda Blethyn, the actor who plays Vera, when she wrote dialogue. "I go on set. We've become good friends."

That voice is representative of Cleeves' prose, the soft insinuating way she has of getting the reader into the story.

She brings a feel for social justice (she worked as a probation officer) to the genre but as one reviewer wrote: "nobody does unsettling undercurrents better than Ann Cleeves." ●

## Rock 'n' Roll Trivia Night supports male suicide prevention

WORDS BY *Carol Saffer*  
COMMUNITY



Gus McAllister, owner of The Tippler & Co Bar and Eatery in East Melbourne, thinks it is time to get back into keeping existing, and starting new, connections.

"What better way to do this than a Rock 'n' Roll Trivia Night?" he said.

"Spring is coming, and people are getting out a bit more."

"It is a great way to engage locally; workplaces are itching to have activities."

On Wednesday, September 7, The Tippler & Co is hosting a fantastic Aussie rock band, HUTCH, which will keep the good vibes rolling with incredible, feel-good music interlaced with music trivia questions.

HUTCH was formed by Dr Jim Skivalidas, a chiropractor in Port Melbourne, after experiencing a life-changing event more than four years ago.

"I suffered anxiety, depression and had the thought of ending my life," Dr Skivalidas said.

"I was one of the lucky ones that came through this, and I am passionate about every male having the opportunity to do the same."

Music was part of the therapy program he undertook, resulting in forming the band and creating the I'm Just A Man Foundation.

The foundation raises awareness of the male suicide epidemic and builds funds for campaigns like Movember, RUOK Day and Beyond Blue.

Dr Skivalidas will MC on the night in front of Shane on bass and trivia question-maker Jason on guitar.

Mr McAllister described "Dr Jim" as a fan of the Australian music scene who treasured the music of Michael Hutchence and INXS and Hunters and Collectors.

"He has the knack of cajoling people and

letting loose a bit," Mr McAllister said.

"We need to bring communities back together; everyone will know each other by the night's end."

Wednesday night is the special half-price gnocchi and pasta menu at The Tippler & Co., an institution with the locals.

"Our head chef Sammie has been with us since December 2013 and has perfected the art of making gnocchi," Mr McAllister said.

"During the lockdown, we kept our staff and regulars together by free delivery of gnocchi to their homes on e-bikes."

Hosted in the Mural Room, the trivia show runs from 6.30pm to 8.30pm, but the good times will roll well beyond then.

Tickets are \$10 each, with \$5 donated to the I'm Just A Man Foundation, helping further the cause of raising awareness for men's mental health and putting an end to the alarming rate of male suicide in Australia.

Tables of four (\$40) or six (\$60) can be booked, so gather the mates, rock out and contribute to a great cause. ●

**For more information:**  
[gus@thetipplerandco.com](mailto:gus@thetipplerandco.com)

## World-class fertility treatment comes to South Melbourne

*Dr Moses Abe, an internationally recognised obstetrician, gynaecologist, and Monash IVF specialist, has recently relocated his highly-regarded Melbourne Fertility Clinic to South Melbourne to better service the inner-city community.*

WORDS BY *Sean Car*

Specialising in the fields of obstetrics, gynaecology and reproductive medicine, Dr Abe's experience in fertility spans three decades and his clinic offers a vast range of a high-quality medical and support services difficult to find elsewhere.

Dr Abe is a registered medical practitioner who studied and practiced in Ireland and the UK before moving to Australia in 2010, where he has been servicing communities around



Victoria ever since.

With an ever-growing demand for fertility services in South Melbourne and its surrounds, he told *CBD News* that he recently moved his clinic from Carlton to the South Melbourne Medical Hub on Cecil St to fill a desperate void in the region.

Melbourne Fertility Clinic specialises in a range of services, including fertility check-ups, egg freezing, advanced laparoscopy for endometriosis and infertility, ovulation induction and intrauterine insemination, genetic screening and surrogacy, among many others.

But it is perhaps the clinic's cutting-edge partnership with Monash IVF – a trailblazing Australian research institution internationally recognised for its work over 50 years in the space of invitro fertilisation (IVF) – which is the most sought-after of its services.

Dr Abe said it was the opportunity to work with Monash IVF and the likes of pioneer figures such as Professor Gab Kovacs which had inspired him to move his practice to Australia all those years ago.

"When I finished my training in the UK, the question was: where to practice?" he said.

"I was inspired to be part of that team [Monash IVF] that had been so diligent in giving their time and energy to see people achieve their dreams. It was definitely the inspiration I got from those colleagues that attracted me here."

Monash IVF, which celebrated its 50<sup>th</sup> birthday this year, was responsible for the world's first IVF pregnancy in 1973 and it has since continued its legacy to achieve countless "firsts" in the field of reproductive medicine.

Dr Abe said being part of the organisation not only gave Melbourne Fertility Clinic's patients first access to the biggest advancements in science, but also in education, awareness and treatments.

"The research is ongoing and every couple of years there's always something big to come out of Monash IVF, so it has been one of the world leaders in fertility services around the world for a very long time," Dr Abe said.

"The advances that have come out of Monash

IVF have been absolutely phenomenal. In fact, tens of thousands of babies have been born out of Monash IVF in the past 50 years. But it's not just about IVF; it's also about fertility awareness and treatments outside of IVF as well, so they provide vital education."

With a lot of stigma often attached to the sort of services that Dr Abe specialises in providing, he said that the past 20 years had seen a "big shift" in the range of patients from diverse backgrounds seeking support.

A long-held believer that fertility should not be limited to anyone, Dr Abe said Melbourne Fertility Clinic offered a very inclusive service to everyone from singles, same-sex couples and transgender people.

Its support team is made up highly trained administrative staff, specialist nurses, counsellors, social workers and Monash IVF scientists, who Dr Abe said all worked together on a daily basis to provide the best for patients. ●

**For more information:**  
[melbournefertilityclinic.com.au](http://melbournefertilityclinic.com.au)  
or call 1300 916 756

## Helping locals achieve "excellent dental and oral health"

*The fundamentals of maintaining great oral dental and oral health might sound simple.*

WORDS BY *Jack Hayes*

Brushing for two minutes twice a day, flossing daily, using mouthwash after brushing or visiting your dentist at least once a year are all common answers in quest for excellent oral hygiene.

Education, as Dr Chau Nguyen from East Melbourne's Diem Dental will explain, is fundamental is keeping on top of your dental health.

"Education is essential. You see it in new Australians where they may not have a grasp on what needs to be done to keep good oral hygiene," Dr Nguyen said. "Whereas some locals, and certainly my clients, may take it for granted; knowing to floss every day, how to floss, how to brush and some foods to avoid."

"Our main focus is prevention. Picking things up early and instilling good habits that help prevent potential complications in later life."

"People underestimate how far a smile takes them. We have seen people's mood and lives change in a positive way when they have the confidence to speak and smile."

According to Dr Nguyen, there were a few things locals could do to ensure their dental

health was up to scratch.

Firstly, getting your teeth straightened; a service offered at an affordable rate by the team at Diem Dental using Invisalign technology.

Straight teeth give you a greater ability to reach and clean your teeth and avoiding issues like tooth decay or gum disease, while also taking stress off your jaw.

Secondly, your choice of toothbrush matters, your technique matters, flossing matters and so too does the use of mouthwash.

"Certain patients seem to work better with electric toothbrushes, some it doesn't matter. While there are general rules like brushing for two minutes, flossing every day, brushing the teeth and gums, teeth are very individual and sometimes you need a process that is tailored towards your needs," Dr Nguyen said.

"The standard brushing technique we recommend is the modified Bass technique. That is what we teach our patients."

"Although this technique may work for 90 per cent of our patients, oral health is very individualised, and some need additional or different help. That is where we can jump in."

Frequency of meals is another major contributing factor to poor dental health.



Someone who consistently eats three meals a day, without snacks in between Dr Nguyen explains, will have better oral health than someone who eats five or six times a day, regardless of how healthy their diet may be.

Dr Nguyen also said that health complications associated to oral health extended further than just tooth decay and gum disease; cardiovascular disease and oral cancer could also be linked to poor dental hygiene.

"We want to ensure all of our patients are holding the very best standards for their teeth, but we understand sometimes that isn't always possible," Dr Nguyen said.

"It's good to become familiar with your dentist at an early age, that's why we encourage patients of all ages to come into our clinic."

"We have four dentists in our team; Dr Noor Hassin, our patients have loved her personality and gentle touch; Dr Suet Yen Leong, who is just about to go on maternity leave. She has been a lovely, positive spirit who we will be keen to get back after the birth of her second baby, and Dr Joyce Tam who has been with us over seven years."

Diem Dental also call on the work of Dr Kehn Yapp who specialises in endodontics or root canals.

"Implants my area of interest and focus. It is great way to replace missing teeth, without needing to cut down adjacent teeth and much better than dentures," Dr Nguyen said.

"It is more costly, but people understand in the end the worth as they can last anywhere between five and 50 years, if not longer."

"Implants are becoming more mainstream and less novel and is great for my patients, and the community, to know, if you lose a tooth, it isn't the end of the world. ●

**For more information:**  
[diem.com.au](http://diem.com.au)

## Wanderlust: Reigniting the spirit down under

*Determined to take the seriousness out of wellness, the team at Wanderlust is reinventing and challenging wellness stereotypes.*

WORDS BY *Kaylah-Joelle Baker*

Based on the motto of "find your true north", the mindfulness, yoga and plant powered supplement brand is expanding its reach back into Melbourne through the resurgence of its popular festivals.

Founded by three New York college friends, Jeff Krasno, Schuyler Grant and Sean Hoess in 2009, Wanderlust has always been envisioned as a brand that will go above and beyond in the realm of wellness through events and products.

"From the beginning, we wanted to create an event that is fun but also based on meaningful ideals, where attendees are participants, and where people leave feeling better than when

they arrived," Mr Hoess said.

"We wanted to create a community centred around our key pillars of mindful living: wellness, arts, personal spirituality, environmentalism, organics, and conscious consumerism."

Having conducted a Wanderlust Festival and one-day Wanderlust 108 "mindful triathlons" in Australia in the past, the brand is back after a hiatus and debuting its Wanderlust True North event in Melbourne and Sydney.

Aiming to create a festival atmosphere based around the core practices of yoga and meditation, this more "eco-friendly alternative" to traditional festivals will lean on a "healthy dose of mental and physical practice".

"We will move together through a star-studded all-level program of live music, yoga, meditation, and inspirational stories, exploring the intersection of practice, art and in-person community," Mr Hoess said.

"The modalities that we offer have evolved too, going beyond practice to focus on other elements of wellbeing such as nutrition, environmentalism and even social justice."

Among the list of established names on the program are Adam Goodes, Nick Littlemore,



Emmanuel Jal, Tahl Rinsky, Laura Poole, Benny Holloway, Gawurra, and Sarah Todd.

"Hearing the inspirational stories of transformation and social consciousness from speakers like Emmanuel Jal and Adam Goodes, are designed to expand hearts and minds and foster compassion and empathy in what can often feel like a disconnected world," Wanderlust's executive chairman Radek Sali said.

Following the program line-up, attendees

will then be provided with the opportunity to explore a curated market stall of the Wanderlust supplements and wholefoods that have been part of the brand's range since 2021.

The range is focused on products that are naturopathically formulated, plant-active, vegan, in sustainable capsules, powders and herbal liquids – designed and produced in Australia.

Wanderlust True North will be taking place at the Royal Exhibition Building in Carlton from September 17 to 24, and is open to adults and older teens, with teens between ages 14 and 17 needing to be accompanied by a legal guardian.

True North seekers interested in attending and rolling out their mats can get tickets online from \$50, and with every ticket sold Wanderlust will donate \$2 to Igniting Change – a charity creating positive changes for people doing it tough in the community. ●

**For more information:**  
[wanderlust.com.au/events](http://wanderlust.com.au/events)

INNER CITY LOCAL



## Happy and content in East Melbourne

*Fifteen years ago, Marion Adler-Bishop divorced her husband and wanted to live in a terrace house in Richmond.*

WORDS BY Carol Saffer

She worked with a local real estate agent to find the place of her dreams and hit a brick wall.

“The agent said she had a little rental in East Melbourne, I would like you to sit tight, put your money in the bank, and we will find something; the rest is history,” Ms Adler-Bishop said.

“I fell in love with [East Melbourne], and I’ve been here ever since.”

Ms Adler-Bishop loves the village atmosphere and the community.

She is a keen member of the East Melbourne Historical Society, the East Melbourne Network, and the East Melbourne First Sunday Luncheon club.

“Everyone is lovely and friendly; I can’t go out and walk my dog without bumping into somebody,” she said.

“There is an incredible sense of belonging; I am passionate about the gardens, the buildings and the people.”

Easily reaching the surrounding suburbs of Richmond, Collingwood and Fitzroy is another benefit she

relishes, along with walking through the Fitzroy and Treasury Gardens to end up in Collins St.

“I am right in the middle of it and love it,” she said.

She spends considerable time walking the suburb taking photos and sharing on Facebook.

For the past 60 years, she was involved in running the family business The Chocolate Box and retired when it was sold just before COVID.

“I retired and will be 77 in October, and I have so much energy; I love walking and can’t help myself to take a photo and share it,” she said.

“I have no habits, no set routine; I suit myself.”

She is still in the one-bedroom flat that looks out over Darling Square.

“I think it used to be a rooming house for old men as East Melbourne was a run-down area in the past.”

She was unfamiliar with the area, only visiting it for appointments at Epworth Hospital or with medical specialists.

“That was my only exposure to East Melbourne, and now I live here; it is wonderful.” ●

CARLTON INC. TRADER PROFILE



▲ Joseph Rocuzzo and Georgia Moshos.

## Traditional jewellery with a twist

*Aurum Design Jewellers, a gemstone-shaped kiosk store, sits at the entrance of Lygon Court, glittering and sparkling with gold chains, diamonds, pearls, and an extensive selection of designer watches.*

WORDS BY Carol Saffer

Lorenzo Rocuzzo opened this Aladdin’s cave of jewels in 1990, with his son Joseph joining him in the business after completing an apprenticeship at Collingwood TAFE in 1997.

“I had a passion for design and architecture but couldn’t escape joining my Dad in the shop,” Joseph said.

“I started when I was 14, with Dad and his three brothers who have been in the industry for 50 years; we are a family of artisans specialising in bespoke jewellery.”

While 80 per cent of their business is repairs of watches and jewellery, creating one-off pieces for clients is their niche market based on tradition.

Mr Rocuzzo said people liked to have a point of a difference.

“We can work from a sketch, a photo or an idea,” he said.

“We create a mock-up and have the client approve each step while the work is in progress.”

This has always been the way the family business works. A traditional store, Aurum numbers all its designs, produces wax models, and accumulates a library and history of all the individually created pieces.

“We are in it for the long haul; there are not many traditional jewellers working like this anymore,” Mr Rocuzzo said.

“My mum and dad are in the store most days along with long-time employee Georgia Moshos and me,” he said.

The store does a lot of repeat business, often with more than one generation of a client’s family coming to the store.

Georgia said there was a broad spectrum of price brackets in the shop.

“From \$24.95 silver studs to the top end, we can cater for any budget,” she said.

“We have all been working together for over 20 years, creating classic and contemporary pieces of jewellery for our clients.”

There is a strong trust and tradition between the Rocuzzo family and their clients.

All the bespoke pieces are made in the onsite workshop, although nowadays, the design process starts on a computer.

Lorenzo Rocuzzo named the store Aurum because it is the Latin word for gold and the source of its chemical symbol, Au. ●

CARLTON ROTARY

## Investing energy in youth

*Younger residents of our communities, in the 20 to 40 age group, make a major contribution to the number of people who volunteer in Australia.*

But they also have strong preferences when it comes to deciding where to dedicate their time and are particularly passionate about their choices.

The Rotary Club of Carlton is planning to find out what younger community members think are the most important issues that need to be addressed in our Carlton/Parkville community. They can do this by listing a project that they think can make a meaningful difference to address this issue through hands-on volunteering.



After collecting these over the next month we will invite young people to vote for the one that they believe can be best achieved by a group working together. We will then invite those who have voted for the three projects that get the highest number of votes to meet and choose which one they would like to help develop a project plan. The Rotary Club has members who can provide advice on project planning and management as appropriate and the club can support at least one project with a small amount of seeding funding if needed. However, it will remain the project of those who supported it.

We do know that younger people are attracted to projects that align with their priorities and:

- Make a meaningful difference – things such as environment, equity and mental health, that directly impact beneficiaries, and which they can share on social media;
- Are hands-on – they are participatory, and have tangible results that visibly benefit people, so they can share the results of their work; and
- Are conveniently held in their local community, are run regularly, particularly after hours, and are free to participate in.

The deadlines for the steps in this process are:

1. Saturday, September 17 for listing a community project on the website shown above.
2. Saturday, October 15 for voting on your preferred project
3. Latter half of October and early November to join a group to develop a project plan for either of the three highest rated projects.

### Supporting Ukrainian refugees

Carlton Rotary is assisting the Rotary Club of Alexandra to provide supermarket vouchers to Ukrainian refugees who have arrived in Australia on humanitarian visas. These people are entitled to apply for Centrelink benefits but often have to wait up to six weeks while paperwork is processed. In the meantime, they have little to live on. Alexandra Rotary Club is providing the funds but, as the refugees are being housed in student accommodation in Carlton, they were looking for a local Rotary Club to purchase the vouchers and hand them to a Ukrainian Australian for distribution. Carlton Rotary is acting as the intermediary and has just supplied the first 20 \$50 vouchers.



### Next meeting

The Rotary Club of Carlton has begun meeting on the third Tuesday of each month at Naughtons Hotel, Royal Pde, Parkville commencing at 6.30 pm. If you would like to join us on September 20, or any other month, to find out a little more about Rotary, please contact Paul Kruspe on 0423 025 962 or pkruspe@gmail.com and we would make you most welcome.

Ian Ada – president, Rotary Club of Carlton  
iada@bigpond.net.au / 0447 173 084 ●



PARKVILLE ASSOCIATION

# Safe streets for all



*As I wrote this column, I was not surprised to read an article in a major newspaper on August 26 about the trauma injuries caused by e-scooters.*



During mid-August, the Lord Mayor and Deputy Lord Mayor chaired a meeting based on safety in our city. This of course covered many aspects of city life, however from those present, e-scooters were one of the key topics.

The article today talked about the lack of policing which is hardly fair. The privately owned scooters are illegal when more than 200 watts in power or 10kph in speed. It is very difficult for a police officer to tell from a distance the wattage of a scooter. If more than the 200-watt limit, the scooter requires registration and is classified as a motor vehicle.

Before you say, “another wowsler complaining”, last week in Carlton I saw a scooter with three adult males onboard going quickly along the pavement. The impact of that scooter hitting an elderly pedestrian would be quite horrific.

E-scooters can and should be a safe method of transport but riders should be aware of those around them and along Royal Parade, while there is a shared footpath on the eastern side, it is not there for racing scooters.

The police are looking at this very closely and will prosecute when they can. This can affect your driver’s licence so let’s all work together, ride safely and care about your fellow Melburnians.

August saw the Parkville Association participate in a tour of Parkville Station. An amazing infrastructure!

Twenty residents were taken down the three levels and were amazed at the size of the project. The CYP Joint Venture has communicated brilliantly during construction, and we have worked as a team with them to make this a smooth transition for Parkville residents. We are all looking forward to trains running from our station and to having our first retail centre for Parkville since the late 1800s!

Bruce Pertzelt and I also attended a council meeting regarding Planning Scheme Amendment C384 inundation overlay where we presented on behalf of residents in the southern end of Park Drive.

There is a meeting on August 31 followed by a panel in October. This could have serious ramifications for residents, so we need to make our association heard!

On a personal note, my granddaughter was playing in the Uni High string ensemble at the Clocktower in Moonee Ponds during two nights of the school concert. It was a glorious night seeing children enjoying performing and participating in an event that, due to COVID, had been postponed for the previous two years.

While we all know as adults the pain we went through during isolation, for children missing such events must have been terrible. Well done Uni High!

Meanwhile down Royal Parade the Carlton Football Club almost did it! Sad days but a hell of an improvement. Even though divided by Royal Parade that little area of Princes Park is very dear to many of us in Parkville.

Enjoy the beginning of spring! ●



**Rob Moore**  
PRESIDENT  
PRESIDENT@PARKVILLEASSOCIATION.COM

FEDERAL MP



# How I’m fighting the cost-of-living crisis

*Many people across Melbourne are doing it tough.*

We’re in a cost-of-living crisis and inequality is at a record high. My team and I have heard from countless members of our community who are worried about how they’ll pay the rent, their medical bills or childcare costs as everything gets more expensive and wages and incomes flatline.

This week, I’m attending the government’s Jobs and Skills Summit, to push Labor to deliver an immediate rise in the minimum wage to tackle the cost-of-living crisis.

With the Greens in balance of power in the Senate, we’ve made it loud and clear to Labor that we’ll push to change the law to guarantee faster wage rises, especially for those in the care economy.

Our plan includes lifting the minimum wage to 60 per cent of the full time adult median wage, with a faster move to lift wages in women-dominated care industries.

Lifting wages is not out of reach. Rather than investing in the things that will make everyone’s lives better, Labor is spending \$24.4 billion on unfair tax cuts to billionaires and handouts for big corporations.

Their plan will make inequality worse, make the cost-of-living crisis worse and dismantle Australia’s progressive tax system.

Instead of investing in unfair tax cuts, the government should be funding free childcare, getting dental into Medicare for everyone and building more affordable housing.

Steps like this, alongside a lift to wages and income support, would fight inequality and make sure everyone has what they need to live a good life.

In Parliament, I represent more renters than almost any other MP. With rental costs rising, renters are struggling to meet the soaring costs of living, with many in insecure and casual work.

That’s why the Greens are calling on the National Cabinet to introduce a two-year rent freeze and ongoing rent caps, allowing wages and incomes time to catch up to rents.

During the worst of the pandemic, Victoria froze rents to support tenants, now we need the Federal government to do the same nationally.

It’s time to legislate protections for renters, so people are protected against unfair, arbitrary evictions and skyrocketing rents. If the government is serious about cost-of-living relief, if they’re serious about affordable housing, then it’s a no-brainer to freeze rents.

With a new government, we have enormous opportunities to tackle the cost-of-living crisis. My team and I will be working hard, in Parliament and in the community, to deliver the transformative reforms we need to make sure no-one is left behind, starting with a lift in wages, stopping the unfair tax cuts and ending out-of-control rent rises. ●



**Adam Bandt**  
FEDERAL MP FOR MELBOURNE  
ADAM.BANDT.MP@APH.GOV.AU

STATE MP

# A day in the life of a Greens MP staffer

*If you’ve ever called, emailed, or popped into Ellen’s office, there’s a good chance you’ve spoken to one of us.*

WORDS BY *Jordy, Fern and Amy*

With Ellen on a short period of maternity leave, we thought we’d share a bit about what we do and what we can help you with.

An MP’s day is almost as varied as it gets. When Ellen is not at the Victorian Parliament, fighting for climate, affordable housing, and integrity, she can often be found at community events, celebrating our community’s diversity and connection; at local schools, learning about what needs to be fixed to give our kids the best possible education; and meeting with other MPs, councillors and community groups to achieve local wins.

Meanwhile, our small team is behind the scenes supporting Ellen and our community.

Jordy is our go-to person for support for



▲ *Ellen’s team, from left to right: Amy, Fern, Ellen and Jordy.*

residents. She knows all the ins and outs of getting local issues resolved.

“Every day is different – that’s what I love about this job. You’ll often find me on the phone with Ministers’ advisors, the council, schools, local organisations, and residents. I do a lot of work with public housing residents on maintenance issues in their home or following up housing and transfer applications with the department to make sure people live

in a house that is right for them. I also stay on top of local issues, regularly meeting with local community groups and supporting them however we can. For example, I’m currently working with artists and residents in the Nicholas Building to support their campaign to stay in the building which is being sold. I’m also working with staff at Docklands Primary School to help them get much-needed safety upgrades.”

Fern is our policy expert. Her head is filled with information about renewable energy and threats to nature.

“Right now, I’m working on the Greens’ climate and environment policies as we head toward a state election in November. This involves researching renewable energy technologies, like batteries and offshore wind farms, and working with stakeholders – such as environment groups, coal workers, and scientists – to ensure our policies reflect the changes we need to tackle the climate crisis. My job also involves meeting with local environment groups from right across Victoria. I love supporting these groups to get environmental issues raised in the State Parliament. It’s so satisfying when these campaigns get great outcomes. Earlier this year,

I was thrilled when East Gippsland residents stopped a giant mineral sands mine, which threatened local farms, rivers, and wildlife.”

Amy makes sure all the great things Ellen does for our community are shared through Ellen’s website, emails, and social media.

“My day could include going to parliament or community events with Ellen and taking photographs, preparing petition pages on local issues, pitching stories to local newspapers (like this one), sending emails to our supporters, and designing flyers, stickers or posters. Today I’m working on a plan to spread the word about the awesome climate initiatives that Ellen and Fern have been working hard on. Did you know that the Greens have a plan to help one million Victorian families get their homes off gas?”

Our team is always available to help local residents. If there is ever anything we can do to support you, please do not hesitate to get in touch! ●

**To contact Ellen’s team:**  
[office@ellensandell.com](mailto:office@ellensandell.com)

## EAST MELBOURNE NEIGHBOUR NETWORK

## Welcoming residents of East Melbourne

*The East Melbourne Neighbour Network (EMNN) continues to welcome residents of East Melbourne to connect with your neighbours to create a friendly network for mutual support and the benefit of us all.*

### Morning coffee meeting

A group of 38 members met for coffee under grey skies in a cosy home on Grey St on Friday, August 12.

We shared local news, including the confirmation from the City of Melbourne that 40kph speed limit for East Melbourne has been approved by VicRoads without the installation of the controversial bike lanes and will commence shortly.

Thank you to Jenny Owen and the East Melbourne Group for working so hard to represent us in discussions with our council.

Our guest for this month was speaker Moira Rayner, barrister, and human rights advocate. Moira has had a storied career in the law and public policy, moving between Western Australia, London, and Victoria.

At different times she was the WA Commissioner for Law Reform, Victorian Commissioner for Equal Opportunity and director of the Office of the Children's Rights Commissioner for London.

Moira talked about the various challenges she faced as a female in the early 1970s in making a career in the legal profession. She said that her father was supportive of her career choice, as he said the "adversarial" nature of the law would suit her personality.

She also reflected on her dealings with Jeff Kennett when she successfully opposed the closing of Fairlea Prison for women and its incorporation in a male prison facility. Mr Kennett subsequently abolished the position of Commissioner for Equal Opportunity.

It was a very open and personal reflection by Moira on her life journey starting in New Zealand and currently finding her in East Melbourne.

Moira said that she had had "the most fun time in her life in East Melbourne".

### Health and wellbeing program

Our program continues to run classes aimed at enhancing the wellbeing of our community. Current classes include Qigong, Chair Yoga, Gentle Yoga, Tai Chi, Pilates, Ukulele, and Gentle Exercise.

These classes are held in the Powlett Community Room next door to the childcare centre on the corner of Simpson and Grey streets.

There is also a monthly Book Group held in local restaurants or homes.

Contact [emnn3002@gmail.com](mailto:emnn3002@gmail.com)



### Local concert – Camelot

John and Alexander Lidgerwood delighted an audience of around 100 locals gathered in the Holy Trinity Church on Sunday, August 14 with a performance of excerpts from *Camelot*. John informed us that profits from the concert will be donated to a local charity. He plans to hold a series of concerts over the coming months and welcomes suggestions for deserving local charities to be recipients.

### Congratulations Michael of the George St Cafe

Our local café owner Michael was surprised by the large turnout last Saturday morning. Many residents turned up to congratulate Michael on 10 years of owning and servicing the favourite local spot for "coffee and a chat". Michael was presented with a framed painting of himself in front of the iconic café, courtesy of local Bronwyn Holland.

#### Contact us

New ideas are sought from the community as we seek to provide additional meaningful, fun, and engaging activities for all age groups. Any resident of any age who would like to get involved – the EMNN would love to hear from you.

Your ideas and involvement will help strengthen our community and enhance the health and wellbeing of your neighbours.

Contact – Susan Henderson, Ann-Maree Eckersley at: [EMNN3002@gmail.com](mailto:EMNN3002@gmail.com) ●

## EAST MELBOURNE HISTORICAL SOCIETY

## Dr Bertram Wainer and the struggle for the right to abortion

*On June 24, 2022, in the case of Dobbs v Jackson Women's Health Organisation the U.S. Supreme Court overturned its 1973 ruling, made as result of the now famous Roe v Wade case, that gave a fundamental right to women to access abortion under the Fourteenth Amendment.*



▲ Protesters outside the East Melbourne clinic, 1976. Re-produced in *The Age*, October 28, 2017.

Justice Alito determined, "Roe was egregiously wrong from the start ... and the decision has had damaging consequences ... it is time to heed the constitution and return the issue of abortion to the people".

He further claimed that in reversing Roe v Wade, the Supreme Court returned "an unbroken tradition of prohibiting abortion on pain of criminal punishment". The consequence of that judgement is that individual states now determine whether abortion is a right or whether it is a crime. Abortion has always been a contentious issue. Prior to 1973, under Victorian law, to procure an abortion was a criminal offence for the doctor and the patient, with up to 15 years' jail as a penalty. The consequences were that desperate women either found a doctor through word of mouth and paid highly for the operation or went to an unqualified abortionist. One such practitioner was a Footscray butcher, who had no access to anaesthetics and stuffed a rag in the mouth of the woman to stop her screaming.

Unlike a doctor, an unqualified practitioner had no access to an ambulance. As a result, women who died as result of the procedure had to be secreted away for burial. The consequences were dire, either way. In the 1930s and 1940s, abortions were the second-highest cause of death for women. The Royal Women's Hospital had a 30-bed ward for abortion patients, with a room set aside for the dying. Septicaemia and gangrene were the main risk in a pre-antibiotic age and an attendant from the time was quoted as saying the smell was often horrific. It was not until the 1960s that abortion became a public issue. The Abortion Law Reform Association (ALRA) was formed and Gareth Evans, then a member of the Victorian Parliament, drew up a model Act to present to Parliament. The association produced a series of facts sheets called "A for Abortion" and lobbying began.

But one member of the ALRA called for greater action, an ex-army doctor with a general medical practice in St Kilda, Dr Bertram Wainer. Wainer himself did not perform abortions but referred women to doctors who did. In 1967, he was approached by a young woman seeking medical help following a botched abortion and this convinced him that more had to be done.

He suggested to the ALRA that they set up a test case. This horrified association members and he was expelled from the group. Ken Davidson was a respected gynaecologist, with a practice in Hotham St, East Melbourne. On August 1, 1967, the homicide squad mounted a raid on his premises. They had been tipped off that he would perform an abortion that morning, but, in fact, the young woman had failed to turn up.

However, Davidson was charged with four counts of unlawfully using an instrument to procure a miscarriage and one count of conspiracy. Justice Menhennit, however, questioned the meaning of the word "unlawfully" and ruled that abortion was lawful if it was necessary to preserve the life of a woman or her physical and mental health. In order to test the ruling, Bert Wainer "confessed" to performing an abortion. As he had not, prior to the Menhennit ruling, performed abortions, when he was found "not guilty" cases against other doctors were dropped. Abortion became legal in Victoria in 1969. In 1972, Wainer and his wife Jo Richardson set up the day procedure Fertility Control Clinic in Wellington Parade, East Melbourne. The clinic provided general medical services and access to abortion was provided with no upfront fees. Wainer was also central to initiating the Kaye Report, providing evidence of corrupt police officers who had run rackets extorting money from doctors under threat of arrest. For the following 25 years, the clinic attracted protestors, many of them members of the Helpers of God's Precious Infants group who followed, threatened and intimidated women attending the clinic. Members of the public had to push past them to go to the post office or pharmacy.

In 2001, a security guard was murdered by a pro-life protestor. In 2015, MP Fiona Patten was able to convince the Parliament to pass a law forbidding protestors to harass or film people coming or going from abortion clinics, and to stay 150 metres away, with heavy fines for those who breached these conditions.

Today, only Western Australia prohibits abortion, with South Australia legalising it only this year.

*Jill Fenwick, committee member, East Melbourne Historical Society*

[info@emhs.org.au](mailto:info@emhs.org.au) and [emhs.org.au](http://emhs.org.au) ●

## METRO TUNNEL

## Renowned artist to transform Parkville Station

*Metro Tunnel's Parkville Station is set to feature artwork by internationally acclaimed Melbourne artist Patricia Piccinini, underlining Melbourne's reputation as the nation's cultural capital.*



She joins a group of leading artists selected under the Metro Tunnel's Legacy Artwork Program to create work for the project's new underground stations.

Piccinini's artwork will be located in Parkville Station's public concourse under Grattan Street, which is set to be transformed into a grand promenade as part of Metro Tunnel designs.

The work will engage with the biophilic (or nature-centric) design of the station, exploring themes of medicine, bioscience and well-being and reflecting Parkville's status as a world-leading health and research precinct.

In 2016 *The Art Newspaper* named Piccinini the most popular contemporary artist in the world after a show in Rio de Janeiro attracted

over 444,000 visitors. Her major show "A Miracle Constantly Repeated" was exhibited from 2021 to 2022 above Melbourne's iconic Flinders Street Station as part of the RISING arts festival.

Piccinini is in good company, joining a group of esteemed artists selected to create major public works at each Metro Tunnel station: Abdul Abdullah (Arden Station), Danie Mellor (State Library Station), Rafael Lozano-Hemmer (Town Hall Station), and Raafat Ishak (Anzac Station).

Victorian First Nations artist Maree Clarke will create a line-wide artwork to be embedded within the architectural fabric each of the five stations at platform level.

The stations' artworks and architectural design features will become new landmarks in the cultural fabric of the city, giving Melburnians and visitors the opportunity to experience world-class art and design every day

For now the pieces remain under development

as each artist works closely with Metro Tunnel architects and engineers. They will be revealed before the opening of the Metro Tunnel in 2025 – a year ahead of schedule.

The station will provide a direct train connection to the area for the first time and will link directly to Melbourne Airport in 2029 via Melbourne Airport Rail.

Construction has been underway at the Parkville site since 2017 to bring the Metro Tunnel station to life, with the main structures now in place and crews working to fit out the station with mechanical, electrical and plumbing systems and lifts and escalators.

Work is also progressing on the critical pedestrian underpass that will provide a safe and accessible connection to from Parkville Station and the University of Melbourne to hospitals including the Royal Melbourne Hospital, without waits at busy traffic lights on Royal Parade. ●

MELBOURNE ZOO

# New flutter of butterflies takes flight at Melbourne Zoo

*One of Melbourne's warmest cold weather venues just got a little more colourful, with the addition of two new species to the Melbourne Zoo Butterfly House.*

Despite chilly conditions outside, the Butterfly House team is continuing to rear butterflies inside, with the Chocolate Argus and Red Lacewing now joining the hundreds fluttering inside the house.

Melbourne Zoo invertebrates keeper Melvin Nathan said trying to spot both species was the perfect excuse for lingering inside the Butterfly House during the colder months.

"The Butterfly House is always nice and warm," Mr Nathan said.

"We generally keep it between 26 to 28 degrees Celsius, so at this time of year it is probably one of the nicest places to be in. It's like working in a tropical paradise."

"When you go in you experience this wonderful, colourful environment and all these amazing creatures flying all around you. It is quite magical."

Mr Nathan said there were usually around 600 butterflies in the Butterfly House in winter and early spring, from around a dozen individual species, including the Chocolate Argus and Red Lacewing.

"Whenever we get a new species of butterfly in, it does add to the colour of the house," Mr Nathan said.

"The Chocolate Argus is a tiny brown butterfly with beautiful orange spots on them. And when they close their wings, they have little pink streaks through their wings as well."

"However, the Chocolate Argus is one of the species that can be quite hard to spot, especially when they close their wings. They mimic a dead leaf when they close their wings, so you have to



▲ Red Lacewing butterfly.

look closely and, hopefully, you spot them." "The Red Lacewing looks similar to the Orange Lacewings that people might have seen here, however they are a little larger and, as the name suggests, have more red throughout their wings."

Mr Nathan said Melbourne Zoo's invertebrates team worked closely with the horticulture and nursery teams to grow the plants that the butterflies used throughout their life cycle.

"Each butterfly species has a particular host plant," Mr Nathan said.

"The butterflies remember what the plant tastes like from when they were a caterpillar. So as an adult, they fly around looking for this host plant, and when they see it and they land on it and taste it, they know this is the plant that their caterpillars will eat. It's at this stage that they lay their eggs on it."

"When you go into the Butterfly House you will see plants on water wells. Those are our



▲ Red Lacewing caterpillar.



▲ Close up on a Chocolate Argus butterfly.

designated host plants for each species."

Zoos Victoria and Melbourne Zoo visitors are reminded that all tickets must be pre-booked online at [zoo.org.au](http://zoo.org.au). Zoos Victoria Members no longer need to book but are required to scan their membership card for entry. ●



CARLTON HISTORY

# Petrol rationing and charcoal burners

“

*In recent decades much attention has been given to alternative ways of powering cars, other than through the use of petrol, in order to minimise emissions.*

”

During the Second World War an alternative to petrol was also sought, but for a different reason. Petrol was in short supply and was largely reserved for essential services and the armed forces. The alternative source of fuel for cars that was found at that time was charcoal.

Motorists had access to petrol during the war, but it was strictly rationed. The restricting of access to petrol was initially resisted by motor companies and others, but by June 1940 with supplies dwindling, the government had no alternative.

To restrict consumption, drivers had to apply for a petrol licence and if granted were allocated a certain number of ration coupons, based on their needs. These enabled the motorist to purchase a certain number of gallons of petrol for his car. Once his coupons ran out, he could purchase no more until there was a new issue of ration coupons.

To supplement their meagre petrol ration, many motorists resorted to another unrestricted source of fuel – charcoal. Burning charcoal produces an inflammable gas, which if mixed with air in the carburettor of the car, as petrol



▲ A car with a charcoal burner attached on the back, taken in Swanston St, Carlton, opposite Lincoln Square, sometime in the 1940s. The tall chimney in the background is the one that is now inside the Melbourne Central shopping centre. Photo: State Library of Victoria.

vapour would normally be, can be ignited in the cylinders and power the engine. Charcoal burners that produced this inflammable gas could be purchased and attached to the back of your car.

These evil-smelling and difficult to manage devices were universally hated by those compelled to use them. But with no other choice, they were a common sight on the streets of Melbourne until well after the war ended. Having an extra half-a-tonne of metal sitting

on the back bumper badly affected the handling of the car, and the inflammable gas that was produced was carbon monoxide which is a dangerous poison. Motorists were warned to keep the windows of the car open while driving to avoid the occupants blacking out, and when garaging the car for the night to leave the doors of the garage open for some time.

Petrol was not the only thing rationed during the war. Rationing of clothing began in June



▲ Each of these war-time ration coupons enable a driver to purchase five gallons of petrol.

1942; tea and sugar followed soon after, butter in June 1943 and meat in January 1944. As in the case of petrol, the rationing worked on a coupon system. Each adult Australian citizen received a ration book with coupons for each of the rationed items. When you went to buy your sugar, for example, you had to have the relevant coupon, which was then handed over to the shopkeeper. Once you ran out of sugar coupons you could buy no more sugar until your new ration book was issued. There were often shortages in the shops, even of products that were not rationed.

The shortages and rationing continued long after the war ended in 1945. The rationing of some items was lifted as early as 1947, but petrol rationing was not lifted until February 1950, five years after the war had ended. ●



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# New federal government and affordable housing

*The new Labor government will establish a housing supply council to advise on a plan for affordable housing across Australia.*

Minister Julie Collins' announcement on what it will do can be found at the following link: [ministers.dss.gov.au/speeches/8756](https://ministers.dss.gov.au/speeches/8756)

This is an important break with the defeated Morrison government's approach. Tony Abbott abolished Labor's previous supply council in 2013, saying existing federal government departments would develop policies for the then government.

Public housing was ignored completely by successive LNP governments. Ex-PM Morrison did set up the National Housing Finance and Investment Corporation when he was Treasurer to issue government guaranteed bonds, but it has only been lending the funds raised to community housing organisations or in the case of one project in Melbourne a consortium of a community housing organisation and private investors.

Federal Labor has committed to supporting the building of 30,000 dwellings over five years of social, community and so-called affordable housing.

There was criticism of this commitment during the election campaign. The best, most accurate assessment for me has been by the Housing for the Aged Action Group (HAAG) which recently stated publicly: "The government's miniature investment in 'affordable housing' seems like adding a teaspoon of sugar when the cup has a hole in it."

## Housing is in crisis on a number of fronts

Homeowners with mortgages have already felt the impact of rising interest rates. Inflation as measured by the CPI has gone up dramatically this year but much of it has had nothing to do with rises that can be controlled or reduced through higher interest rates.

Russia's invasion of Ukraine driving up oil and gas prices; fresh food prices due to climate change havoc; imported furniture and building materials price hikes; and an overheated residential renovation and construction sector created by the Morrison government, have all been key contributors.

The Morrison government's policies have created a crisis in the residential construction industry. Not enough skilled workers for all the contracts signed and materials prices up strongly and now putting acute financial pressure on builders.



Last year and in the lead up to the federal election, money was handed over to homeowners wanting to renovate or extend what housing they already had. First home buyers were able to borrow with low deposits and have mortgage insurance payments waived.

The mantra from the federal Morrison government had been jobs, jobs, jobs and now this has all been tossed in the bin by the Reserve Bank of Australia raising interest rates.

Rents in private regional housing have gone sky high and are going up in Melbourne.

Meanwhile the latest number of people – adults and children – on the Victorian Housing Register is now around 120,000 and is increasing.

## Victorian government programs

The original Public Housing Renewal Program (PHRP) announced in 2017 has seen estates demolished and now under the Big

Housing Build (BHB), there are more proposals for demolitions.

At Oakover Rd, South Preston construction has only recently started on 461 private investor and homeowner apartments, plus 66 community housing owned and just 35 public but community housing managed ones. To describe 461 private dwellings as public housing renewal is a fiction.

At Walker St in Northcote, \$3 million luxury apartments will be built with the best views over Merri Creek but all the replacement community housing will be down on High St near the bridge. To describe this as public housing renewal is also fictitious.

At North Richmond money has already been spent on improving green spaces and recreation areas but all of this will be soon bulldozed and the number of dwellings on the estate doubled with no clarity about who it will be for: private renters paying market rents or so-called

essential workers paying slightly less than market rents – 90 per cent.

Down in Port Melbourne, Homes Victoria have been busy relocating residents of the Barak Beacon estate by spending up big on leasing local private dwellings or providing accommodation out of the area. The homes at this estate are structurally sound, can be refurbished at reasonable cost and more public housing could be built on the land that is available on the estate. This estate was never advised in the past as in need of redevelopment.

Just out the blue before Christmas last year tenants were told they had to move out. No consultations, no transparency on why, just an order: you are all moving out!

Not one new public or community home has been built and occupied on these demolished estates over the more than four years since the PHRP was announced.

The state government is also continuing to sell-off public land that could be used to build public housing.

## Let's move from chaos to a sensible plan

A sensible plan can be put together: all it needs is the political will and a commitment to seeing affordable, secure housing as a human right for all not something only the better off can buy (and sell for profit).

Key elements:

- A new Victorian Government after the November 28 election should get serious in its representations to the federal government and seek to massively expand its election commitment and include public housing;
- Engage local councils to put in place mandatory inclusionary zoning (MIZ) on all major developments. City of Melbourne argued for this to be included in the new Arden suburb plan but were rebuffed by the state government. MIZ land contributions would have public housing construction funded by both federal and state governments;
- Only approve additional migration and higher overseas student numbers when there is a plan to accommodate them without competition for existing homes; and
- Put in place a training plan to deliver the skills needed for the industry. ●



*Cory Memery*

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FIONA PATTEN MP

# So much for integrity

*In recent days, the Andrews Government teamed up with the Opposition to continue to deny reproductive rights to women.*

WORDS BY *Fiona Patten*

They claim to champion women's rights.

But they lack appear to lack the courage of their convictions. Could it be they bowed to the power of the Catholic Church with an election around the corner?

They teamed up to vote against legislation I introduced into the Victorian Parliament to prevent publicly funded denominational hospitals to continue refusing women access to abortions and family planning services.

They also voted to continue to

allow denominational hospices to continue to deny the rights of each of us to assisted dying, under strictly controlled circumstances.

So much for integrity! Basic human rights are being denied in publicly-funded denominational hospitals, even though these institutions receive hundreds of millions of your tax dollars every year.

Were you aware hospitals, including the Mercy and St Vincent's, do this? Most people I've discussed this with are shocked to discover these cruel realities. They are amazed hospitals could even contemplate such sinful injustice.

Religion is a blessing to many amid

the mysteries and vagaries of existence, but imposed religious faith has no place in the public health system. Institutions, by legal definition, have no conscience.

The reliance of some institutions on the false construct of institutional conscientious objection has no rational, legal, or moral basis.

My Bill is about fairness and decency. It protects abortion rights and extends abortion and family planning services and ensures end-of-life rights.

It also extends access to abortion and contraception across all hospitals that get taxpayers' money.

It does not undermine any rights

of people within the private health system, where people have choice over service providers, some of which receive no money from the public Treasury.

Rather, it protects individuals' rights from institutional edict – a hospital will not be able to prevent a doctor from performing legal procedures.

Patients in the public health system should not have to depend on their postcode for access to the full panoply of public health services.

The Bill has zero impact on the rights of individual medicos to refuse certain services on the basis of personal religious conviction or conscientious objection.

Speaking of integrity, the ongoing fallout of the Labor Party's branch-stacking and misuse of taxpayers' money to fund blatant political work shows the party is in

lamentable need of cleaning up its own dirty backyard.

And in recent days, the Opposition Leader Matthew Guy's claim he takes integrity seriously was shredded by evidence he was aware of, indeed potentially party to, an attempt to get around political funding rules by hitting up a billionaire Liberal donor for \$100,000 to top up the salary of his then chief-of-staff, a man with no political experience who resigned in disgrace.

In public policy, the perfect should not prevent the good. And in life, the ideological should not prevent the rational.

The fight against the wrongs of the denominational hospitals is unfinished business. I will not let it rest in peace until it's fixed.

*Fiona Patten MLC is Leader of the Reason Party ●*





## 球队俱乐部的尊重项目

“卡尔顿尊重”项目是卡尔顿足球俱乐部的旗舰社区项目，旨在对社区进行性别平等教育，防止暴力侵害妇女行为。

Carol Saffer

该俱乐部在2016年共同决定推出“卡尔顿尊重”这个项目。

俱乐部首席执行官Brian Cook表示：“该决定是在对我们社区面临的问题进行研究后做出的，并与Our Watch和Luke Batty基金会密切协商，这两个基金会是预防家庭暴力领域的两个重要组织。”

Our Watch的研究表明，87%的澳大利亚成年人参加某种形式的运动或体育活动。

Our Watch的一位发言人说：“公平地说，在塑造我们的价值观和生活行为方面，体育与家庭、教育和信仰一样重要。”

俱乐部意识到利用其对广大观众的影响力是多么重要。

俱乐部选择不忽视这个社会问题对澳大利亚家庭的破坏性影响。

Cook先生说：“简而言之，当时的统计数据仍然令人痛心。”

“所以，启动“卡尔顿尊重”项目是当时俱乐部成员的巨大荣誉。”

目前，还没有其他俱乐部有这样提高认识方案或教育空间的项目。

“卡尔顿尊重”项目有三个主要重点：学校计划、工作场所章程和提高意识。

一个新的数字学习平台将很快推出，该平台将使“卡尔顿尊重”的学校计划覆盖现有的1万多名学生。

俱乐部的球员都参与此计划的实施，将极大地影响这个新平台。

Cook先生表示：“能够以这种规模发展这个项目至关重要，研究表明，向年轻人灌输性别平等的信息，对他们以后的社会意识有很大影响。”

《工作场所宪章》同样也为澳大利亚商界提供量身定制的教育。

## 蚱蜢的新栖息地

火柴杆蚱蜢属于morabine蚱蜢家族，这种澳大利亚的蚱蜢天生不会飞，在世界其他地方都难以找到。

Carol Saffer

这种蚱蜢在墨尔本市和澳大利亚大陆的大部分地区已经灭绝。

通过墨尔本市政与墨尔本大学的合作，在8月10日星期三，在Parkville的皇家公园放养了数百只火柴杆蚱蜢以恢复当地蚱蜢种群生态。

作为生物多样性应急试点项目的一部分，研究人员收集了剩余的三千只火柴杆蚱蜢，重新引入墨尔本合适的新栖息地，包括Burnley和Bayside地区。

火柴杆蚱蜢的再生项目由墨尔本大学领导，并得到墨尔本市政府的支持。

墨尔本大学生物科学教授Michael Kearney说：“火柴杆蚱蜢是1960年代墨尔本大学进化研究的重点。”

“我们已经能够在过去工作的基础上帮助拯救墨尔本周围的这些蚱蜢免于灭绝。”

这些小动物的生存环境并不好。曾经在一个占地近1.6万平方公里的火



柴杆蚱蜢区域，到了2019年，火柴杆蚱蜢区域只占68平方公里，在区域范围损失了96%。

Michael Kearney教授说：“在欧洲人定居之前，这些蚱蜢在墨尔本的草地上很常见，而且分布很广，原住民Wurundjeri Willam用火来进行管理。”

他说：“能够以这种方式让皇家公园重回原生态真是太好了。”



## 无家可归者需知杂志

非营利健康机构cohealth和墨尔本市政联手开展了一个独特的项目，帮助那些目前和过去有无家可归经历的人。

Kaylah-Joelle Baker

该项目将包括编写和发行一本名为《需知》的杂志，为流落街头者提供服务的建议和信息。

Zines是一种小型自我出版的文字和图像杂志，印刷数量有限。

编辑委员会由八个人组成，他们每两周在卡尔顿的Kathleen Syme图书馆聚会一次，图书馆为他们提供了免费印刷和空间，还有一些无家可归经历的同行人工作者。

Caitlin Gough是cohealth机构中的一员，目前正在协助主办该杂志，她用自己在疫情期间无家可归的个人经历，来帮助其他人进行分享。

她说：“你不亲身体验，就不会了解其中。这是发自内心的声音，而不是外界。”

Gough女士目前住在临时住所，她“很自豪”能够通过杂志分享她的经历，尽管仍然觉得生活很艰难。

该杂志还提供有关在没有手机的情况下如何获得疫苗接种证书的建议、食物、淋浴和洗衣服务清单的更新，还将很快分享有关在无家可归的情况下进行康复和照顾宠物的文章。

cohealth工作人员及杂志编辑Spike Chiappalon已经看到了在增加杂志印刷量的需求后所产生的积极影响。他说：“这个过程与结果是同样重要的”。

## 维州工会总部举办艺术画展

维州工会总部位于Carlton的Lygon街和Victoria街的拐角处，是一座世界上历史最悠久的工会大楼。

Carol Saffer

最近，这座宏伟的建筑敞开大门，举办各种文化活动，如戏剧制作、艺术展览、话剧和音乐会，都以政治和边缘艺术表演为主。

8月21日周日，维州工会总部正式展出了一个以工人为主题，纪念Paddy Garritty的艺术画廊，同时也为不同背景的新兴艺术家提供这个平台。

Paddy Garritty是一名海员、画家和码头工人、失业工人工会秘书、工会活动家以及著名艺术推广人，于2020年8月去世，享年83岁。

工会总部大楼曾经是一所艺术学校，培养了类似Frederick McCubbin和Tom Roberts的人物，受到这个启发，Garritty开辟了这个途径，让这座人民的宫殿再次向墨尔本的工人和创意人员开放。

他在现场开设了一个酒吧，并与墨尔本喜剧节和艺穗节建立了联系，使得工会总部大楼成为墨尔本最受欢迎的艺术场所之一。

维州工会秘书Luke Hilakari说：“Paddy Garritty在保持工会与艺术的联系方面发挥了重要作用，这个画廊将按照这一传统运作。”

“通过在工会大楼内设立专门的艺术空间，希望这将为新兴艺术家提供展示作品的



机会。”

杰出的文化艺术作品有：Paddy画廊开幕展的“工会艺术1970-2000”，特别展出了如Rick Amor、Mary Leunig和Geoff Hogg等艺术家的作品。

沿着长方形画廊空间的一面墙上，Rick Amor的西门大桥(Westgate)系列版画和炭笔画描绘了工人和大桥的鲜明形象。

与之形成鲜明对比的是Mary Leunig的精美漫画集。她是维州工会艺术家工作室的创始成员，并为Wally Curran和肉类加工工人工会制作艺术品。她的水粉画和水墨纸上插图真是异想天开，但所传递的信息却令人辛酸。

# What's On: September

## Community Calendar



**Women's Social Soccer (FREE)**  
 Crawford Oval 121 Princes Park Drive  
 Carlton North  
 Saturday afternoons 1pm to 3pm  
 Melbourne Social Soccer runs free social games for women.  
 Contact 0456 700 688  
 admin@melbournesocialsoccer.com



**Preschool Storytime at East Melbourne Library (FREE)**  
 Until 30 NOV  
 Wednesdays 10.30am - 11.15am  
**East Melbourne Library**  
 122 George St, East Melbourne 3002  
 Share the wonder of books with your preschooler at this storytime with stories, songs, rhymes and activities.  
 Ages 3 to 5 years; no bookings necessary.  
 Call 03 9658 9600 for more details.

**Farmers Market**  
 Carlton North Primary School  
 Every Sunday, 9am - 1pm  
 Stalls selling fresh produce on primary school grounds.



**Yarra: Stories of Melbourne's River**  
 Old Treasury Building  
 20 Spring St, East Melbourne 3002  
 10am - 12pm | 1pm - 3pm  
 03 9651 2233  
 E: info@otb.org.au



**Festival Indonesia**  
 A festival all about celebrating Indonesian culture, tourism and trade is back.  
 Argyle Square in Carlton and Sofitel Melbourne, Arthur Streeton Auditorium.  
 From September 30 to October 2  
 E: festivalindonesia.melbourne@gmail.com

**Old and Rare Wine Tastings (FREE)**  
 Join sommelier Antony Anderson and increase your wine knowledge in a jovial environment as he opens his private cellar once a month and shares rare and old back-vintage wines, and his insights, in a never to be repeated experience.  
 Until 21 SEP  
**Life's Too Short Bar - Tribeca Arcade**  
 Shop 2/412 Victoria Parade

**Free Beginner Bachata Dance Classes (FREE)**  
 Get active, meet new people and have a really great time learning to dance Bachata  
 Until 21 DEC  
**Upstairs**  
 1/171 Lygon St  
 Carlton 3053  
 T: 0407 955 668  
 E: hello@energystudios.com.au

# Business Directory

## Dental

**Diem Dental**  
 EAST MELBOURNE  
 CARE • QUALITY • COMMITMENT  
 OPEN MONDAY - SATURDAY  
 392 Albert St, East Melbourne  
 Victoria, Australia, 3002

## Politician

**ADAM BANDT**  
 FEDERAL MEMBER FOR MELBOURNE  
 142 Johnston Street, Fitzroy  
 (03) 9417 0772  
 adam.bandt.mp@aph.gov.au

## Tennis Coaching

**DAN DONNELLY TENNIS COACHING PROGRAMS**  
 Royal Park T.C. (crn Park St & The Avenue, Parkville/Brunswick)  
**All enquiries & bookings - call or text Dan 0408 991 700**

## Real Estate

**CAINE REAL ESTATE**  
 120 Jolimont Road, East Melbourne  
 03 8413 8000  
 sales@caine.com.au  
 SALES | LEASING | MANAGEMENT

## Health & Beauty

**WANDERLUST**  
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 wanderlust.com.au

## Psychologist

**ELLEN SANDELL**  
 STATE MP FOR MELBOURNE  
 (03) 9328 4637  
 office@ellensandell.com  
 146 Peel Street  
 North Melbourne VIC 3051

## Psychologist

**Dynamic Psychotherapy**  
 0424 220 314  
 admin@dynamicpsychotherapy.com.au  
 dynamicpsychotherapy.com.au  
 33 Drummond St Carlton 3053

## Shopping

**QUEEN VICTORIA MARKET**  
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